

Table S11. Changes in Weight Loss Variables from a Sensitivity Analysis Using Data from 16 Clusters Instead of all 18 Clinics*

Variable	UC	ILI	Difference
Change in Body Weight (%)			
At 6 months	-0.55 (-1.50, 0.39)	-7.33 (-8.23, -6.44)	-6.78 (-7.98, -5.58)
At 12 months	-0.67 (-1.70, 0.36)	-6.75 (-7.72, -5.76)	-6.08 (-7.41, -4.75)
At 18 months	-0.49 (-1.55, 0.57)	-5.62 (-6.62, -4.63)	-5.13 (-6.49, -3.77)
At 24 months	-0.56 (-1.67, 0.55)	-4.99 (-6.03, -3.95)	-4.43 (-5.86, -3.00)
Change in Body Weight (kg)			
At 6 months	-0.91 (-1.93, 0.11)	-7.81 (-8.76, -6.85)	-6.90 (-8.19, -5.60)
At 12 months	-1.08 (-2.18, 0.02)	-7.22 (-8.25, -6.19)	-6.14 (-7.55, -4.73)
At 18 months	-0.91 (-2.04, 0.21)	-6.07 (-7.13, -5.02)	-5.16 (-6.61, -3.71)
At 24 months	-1.00 (-2.17, 0.17)	-5.42 (-6.52, -4.33)	-4.42 (-5.93, -2.91)
Change in Waist Circumference (cm)			
At 6 months	-1.04 (-1.99, -0.09)	-6.84 (-7.75, -5.93)	-5.80 (-6.99, -4.60)
At 12 months	-0.74 (-1.76, 0.29)	-6.63 (-7.61, -5.65)	-5.90 (-7.21, -4.59)
At 18 months	0.16 (-0.88, 1.20)	-5.33 (-6.32, -4.34)	-5.48 (-6.81, -4.16)
At 24 months	0.67 (-0.40, 1.74)	-4.42 (-5.44, -3.40)	-5.09 (-6.46, -3.72)

Values are mean changes (95% C.I.).

UC: Usual care; ILI: intensive lifestyle intervention; values are mean (95% C.I.)

All models included age, sex and race as covariates.

*2 clinics failed to recruit more than 4 patients (n=2; n=4) so data from these patients were combined with a usual care clinic in close geographic proximity to reduce the number of clusters from 18 to 16 for the sensitivity analysis.

95% confidence intervals which do not include zero indicate a statistically significant result.