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# Sorafenib

Updated: June 22, 2018.

# **OVERVIEW**

# Introduction

Sorafenib is an oral multi-kinase inhibitor that is used in the therapy of advanced renal cell, liver and thyroid cancer. Sorafenib has been associated with a low rate of transient elevations in serum aminotransferase levels during therapy that are generally mild and asymptomatic. Sorafenib has also been linked to rare instances of clinically apparent liver injury which can be severe and even fatal.

# Background

Sorafenib (soe raf' e nib) is an orally available, small molecule, multi-specific tyrosine kinase inhibitor with activity against vascular endothelial growth factors (VEGF) receptors -1, -2 and -3 as well as against the receptor for platelet derived growth factor (PDGF) and several Raf kinases. Inhibition of these kinases decreases angiogenesis, which plays an important role in the growth and spread of several forms of solid tumors. Sorafenib received approval for use in the United States in 2005 for therapy of advanced renal cell carcinoma, and indications were subsequently expanded to hepatocellular carcinoma in 2007 and refractory thyroid cancer in 2014. Sorafenib is available in tablets of 200 mg under the brand name Nexavar. The typical dose is 400 mg twice daily, continued until there is tumor progression or unacceptable toxicity. Side effects are common and can include fatigue, diarrhea, anorexia, weight loss, nausea, abdominal pain, hand-foot syndrome, rash, hair loss, pruritus, bleeding and sensory neuropathy. Uncommon, but potentially severe side effects include bone marrow suppression, bleeding, venous thrombosis, gastrointestinal perforation, QTc prolongation and Stevens Johnson syndrome.

# Hepatotoxicity

In large clinical trials of sorafenib, elevations in serum aminotransferase levels were common, occurring in up to half of patients, but values greater than 5 times the upper limit of normal (ULN) occurred in only 1% to 3% of treated subjects. In addition, there have been several single case reports of clinically apparent liver injury arising during sorafenib therapy which was often severe and occasionally fatal. The onset of acute liver injury ranged from a few days to 8 weeks of starting sorafenib, and the pattern of injury was typically hepatocellular with marked elevations in serum aminotransferase levels. Immunoallergic and autoimmune features were absent. Recovery was usually rapid once sorafenib was stopped, but some cases were associated with progressive liver injury and hepatic failure. Most of the reports of severe liver injury occurred in patients being treated for hepatocellular carcinoma who also had cirrhosis or in patients receiving other potentially hepatotoxic drugs31.

Likelihood score: B (likely cause of clinically apparent liver injury).

#### **Mechanism of Injury**

The mechanism of injury accounting for serum enzyme elevations during sorafenib therapy is not known. Sorafenib is metabolized in the liver largely through the CYP 3A4 pathway and liver injury may be related to production of a toxic intermediate. Sorafenib is susceptible to drug-drug interactions with agents that inhibit or induce hepatic CYP 3A4 activity. Sorafenib, like many tyrosine kinase inhibitors can inhibit UDP glucuronosyltransferase activity which can result in mild indirect hyperbilirubinemia and may predispose to acetaminophen toxicity.

#### **Outcome and Management**

Monitoring of routine liver tests is recommended during sorafenib therapy. Serum aminotransferase elevations above 5 times the upper limit of normal (if confirmed) or any elevations accompanied by jaundice or symptoms should lead to dose reduction or temporary cessation. Sorafenib has been implicated in cases of acute liver failure, but not in instances of chronic hepatitis or vanishing bile duct syndrome. There does not appear to be cross reactivity in risk for hepatic injury between sorafenib and other kinase inhibitors including the angiogenesis inhibitors such axitinib and sunitinib.

Drug Class: Antineoplastic Agents, Protein Kinase Inhibitors

# **PRODUCT INFORMATION**

REPRESENTATIVE TRADE NAMES Sorafenib – Nexavar® DRUG CLASS Antineoplastic Agents COMPLETE LABELING Product labeling at DailyMed, National Library of Medicine, NIH

# **CHEMICAL FORMULA AND STRUCTURE**

CAS REGISTRY NO. MOLECULAR FORMULA STRUCTURE	COLHEGOREANDS	
CAS REGISTRY NO.	Sorafenib 284461-73-0	
DRUG	Sorafenib	

# **ANNOTATED BIBLIOGRAPHY**

References updated: 22 June 2018

Abbreviations: HCC, hepatocellular carcinoma; NSCLC, non-small cell lung cancer.

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- (Textbook of pharmacology and therapeutics).
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- (Among 27 patients with refractory head and neck cancers treated with sorafenib, the median survival was 4.2 months; side effects included fatigue, stomatitis, hypertension, hand foot syndrome and neuropathy, with mild AST elevations in 26% of patients and no clinically apparent liver injury).
- Schramm C, Schuch G, Lohse AW. Sorafenib-induced liver failure. Am J Gastroenterol 2008; 103: 2162-3. PubMed PMID: 18796127.
- (65 year old woman with hepatocellular cancer [HCC] and cirrhosis due to nonalcoholic steatohepatitis developed jaundice 6 weeks after starting sorafenib [bilirubin 22 mg/dL, AST 1724 U/L, INR 2.9], with progressive liver failure, but prompt resolution after initiation of prednisolone).
- Cheng AL, Kang YK, Chen Z, Tsao CJ, Qin S, Kim JS, Luo R, et al. Efficacy and safety of sorafenib in patients in the Asia-Pacific region with advanced hepatocellular carcinoma: a phase III randomised, double-blind, placebo-controlled trial. Lancet Oncol 2009; 10: 25-34. PubMed PMID: 19095497.
- (Among 271 Asian patients with HCC, median survival was 6.5 months in those treated with sorafenib vs 4.2 with placebo, and adverse events included hand-foot syndrome [45%], diarrhea [25%], fatigue [20%], rash [20%] and hypertension [19%], with no increase in "liver dysfunction" with sorafenib and no treatment related deaths).
- Llovet JM, Ricci S, Mazzaferro V, Hilgard P, Gane E, Blanc JF, de Oliveira AC, et al.; SHARP Investigators Study Group. Sorafenib in advanced hepatocellular carcinoma. N Engl J Med 2008; 359: 378-90. PubMed PMID: 18650514.
- (In a study of 602 patients with advanced HCC, sorafenib treatment [in comparison to placebo] increased median survival from 7.9 to 10.7 months, but was also associated with higher rate of adverse events including fatigue, anorexia, diarrhea, weight loss, alopecia, and hand-foot syndrome, but not "liver dysfunction" [<1% vs 0%]).

- Gupta-Abramson V, Troxel AB, Nellore A, Puttaswamy K, Redlinger M, Ransone K, Mandel SJ, et al. Phase II trial of sorafenib in advanced thyroid cancer. J Clin Oncol 2008; 26: 4714-9. PubMed PMID: 18541894.
- (Among 30 patients with advanced thyroid cancer treated with sorafenib, elevated liver tests occurred in 4 patients, one of whom developed marked elevations starting at 8 weeks and died of liver failure 3 months later).
- Di Lorenzo G, Cartenì, Autorino R, Bruni G, Tudini M, Rizzo M, Aieta M, et al. Phase II study of sorafenib in patients with sunitinib-refractory metastatic renal cell cancer. J Clin Oncol 2009; 27: 4469-74. PubMed PMID: 19652053.
- (Among 52 patients with refractory renal cell cancer treated with sorafenib for 1-10 months, clinical responses were infrequent, but side effects were common including fatigue, diarrhea, neutropenia, nausea, anemia, rash and thrombocytopenia; ALT elevations occurred in 6%, but all were  $\leq$ 5 times ULN).
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- (Among 903 patients with advanced renal cell cancer treated with sorafenib or placebo, the median overall survival was similar in both groups [17.8 vs 15.2 months], but side effects more common with sorafenib were diarrhea [48% vs 11%], rash [41% vs 13%], hand-foot syndrome [33% vs 8%], fatigue [29% vs 16%], nausea [19% vs 12%]; ALT elevations and hepatotoxicity were not mentioned).
- Llanos L, Bellot P, Zapater P, Perez-Mateo M, Such J. Acute hepatitis in a patient with cirrhosis and hepatocellular carcinoma treated with sorafenib. Am J Gastroenterol 2009; 104: 257-8. PubMed PMID: 19098892.
- (73 year old man with recurrence of HCC after liver transplantation developed jaundice 4 days after starting sorafenib [bilirubin 2.8 rising to ~12 mg/dL, ALT 109 U/L, Alk P not given, INR 1.48], resolving within 6 weeks of onset).
- Wörns MA, Weinmann A, Pfingst K, Schulte-Sasse C, Messow CM, Schulze-Bergkamen H, Teufel A, et al. Safety and efficacy of sorafenib in patients with advanced hepatocellular carcinoma in consideration of concomitant stage of liver cirrhosis. J Clin Gastroenterol 2009; 43: 489-95. PubMed PMID: 19247201.
- (Among 34 patients with advanced HCC and cirrhosis treated with sorafenib, 53% developed liver dysfunction [bilirubin elevations, asterixis, liver failure] usually within a few weeks of starting, which was more frequent and severe in those with more advanced stages of cirrhosis [Child classes B and C]).
- Stadler WM, Figlin RA, McDermott DF, Dutcher JP, Knox JJ, Miller WH Jr, Hainsworth JD, et al.; ARCCS Study Investigators. Safety and efficacy results of the advanced renal cell carcinoma sorafenib expanded access program in North America. Cancer 2010; 116: 1272-80. PubMed PMID: 20082451.
- (Among 2504 patients with advanced renal cell cancer treated with sorafenib in an open access program, common side effects were hand-foot syndrome [18%], rash, hypertension and fatigue; ALT elevations and hepatotoxicity were not mentioned).
- Herden U, Fischer L, Schäfer H, Nashan B, von Baehr V, Sterneck M. Sorafenib-induced severe acute hepatitis in a stable liver transplant recipient. Transplantation 2010; 90: 98-9. PubMed PMID: 20606568.
- (58 year old man with HCC after liver transplant developed nausea and fever 5 days after starting sorafenib [bilirubin 12.0, ALT 893 U/L, GGT 726 U/L], with resolution within 8 weeks of stopping).
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- (Analysis of patients with advanced renal cancer who were treated with sorafenib for more than one year found adverse events were most frequent during the first 3 months of treatment [particularly rash and hand-foot syndrome]; ALT elevations and hepatotoxicity were not mentioned).
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- (Among 723 patients with advanced renal cell carcinoma, progression free survival was longer with axitinib [6.7 months] than sorafenib [4.7 months] and side effects were common, although rates of hepatotoxicity or ALT elevations were not provided).
- Beck J, Procopio G, Bajetta E, Keilholz U, Negrier S, Szczylik C, Bokemeyer C, et al. Final results of the European Advanced Renal Cell Carcinoma Sorafenib (EU-ARCCS) expanded-access study: a large open-label study in diverse community settings. Ann Oncol 2011; 22: 1812-23. PubMed PMID: 21324953.
- (Among 1159 patients with advanced renal cell cancer treated with sorafenib in an open access program, adverse events occurred in 94% of patients, most frequently hand-foot syndrome [56%], rash [33%], alopecia [33%], fatigue [34%], diarrhea [55%] and hypertension [20%]; rates of ALT elevations and hepatotoxicity were not mentioned).
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- (62 year old man with renal cell cancer developed fatigue at 4 and jaundice by 7 weeks after starting sorafenib [bilirubin 16.8 mg/dL, ALT 6935 U/L, Alk P 577 U/L], with progressive liver failure and death).
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- (Among 246 women with ovarian carcinoma treated with sorafenib or placebo, progression free survival was similar in both groups, whereas side effects were more common with sorafenib [67% vs 15%]; ALT elevations and hepatotoxicity were not mentioned).
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- (Among 288 patients with metastatic renal cell carcinoma treated with either axitinib or sorafenib, progression free survival was similar in the two groups; side effects of diarrhea, hypertension, anorexia, weight loss and hoarseness were more common with axitinib; rates of ALT elevations and hepatotoxicity were not reported).
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- (Review of the hepatotoxicity of 18 tyrosine kinase inhibitors approved for use in cancer in the US as of 2013; sorafenib has been reported to cause ALT elevations in 21-24% of patients [ $\geq$ 5 times ULN in 2%] and has been linked to clinically apparent liver injury is several isolated case reports).
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- (Among 417 patients with advanced thyroid cancer, median progression free survival was 10.8 months in sorafenibvs 5.8 months in placebo-treated patients, but side effects occurred in 99%, including hand-foot syndrome [76%], diarrhea [69%], rash [50%]; rates of ALT elevations and hepatotoxicity were not provided).
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- (Among 899 cases of drug induced liver injury enrolled in a US prospective study between 2004 and 2013, 49 [6%] were attributed to antineoplastic agents including 9 to kinase inhibitors including imatinib [n=5], lapatinib [n=2] and regorafinib [n=1], but none were attributed to sorafenib).
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- (Among 703 patients with advanced refractory or relapsed NSCLC who were treated with sorafenib vs placebo, median overall survival was similar in the two groups [8.2 vs 8.3 months] and side effects were more common with sorafenib [88% vs 49%], including rash [41% vs 4%] fatigue [36% vs 8%], diarrhea [36% vs 3%]; ALT elevations and liver related adverse events not mentioned).
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- (Among 1114 patients with HCC, after successful resection or ablation, who were treated with sorafenib vs placebo for up to 4 years, recurrence free survival was similar in the 2 groups [33 vs 34 months], while side effects were greater with sorafenib including hand-foot skin reaction [28% vs <1%], and ALT elevations [9% vs 7%] which were above 5 times ULN in 5% vs 2% and were associated with fatalities in 3 vs no patients [<1% vs 0%]).
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- (Review of hepatotoxicity associated with anti-VEGF treatments of renal cell cancer from two large US health care databases, highest rates of ALT elevations were found with first line treatment with pazopanib [n=180] and slightly lower rates for sorafenib [n=160], sunitinib [n=721] and bevacizumab [n=83], but clinically apparent injury with jaundice was rare [1 case with sorafenib, 2 with sunitinib]).
- Meyer T, Fox R, Ma YT, Ross PJ, James MW, Sturgess R, Stubbs C, et al. Sorafenib in combination with transarterial chemoembolisation in patients with unresectable hepatocellular carcinoma (TACE 2): a randomised placebo-controlled, double-blind, phase 3 trial. Lancet Gastroenterol Hepatol 2017; 2: 565-75. PubMed PMID: 28648803.
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- (Among 206 patients with advanced HCC treated with sorafenib alone vs sorafenib with hepatic arterial infusions with cisplatin and fluorouracil, mean overall survival was similar in the two groups [11.8 vs 11.5 months] and adverse event rates were similar, ALT elevations arising in 67% vs 68% and to above 5 times ULN in 30% vs 29%).
- Kudo M, Finn RS, Qin S, Han KH, Ikeda K, Piscaglia F, Baron A, et al. Lenvatinib versus sorafenib in first-line treatment of patients with unresectable hepatocellular carcinoma: a randomised phase 3 non-inferiority trial. Lancet 2018; 391: 1163-73. PubMed PMID: 29433850.
- (Among 954 patients with unresectable HCC treated with sorafenib vs lenvatinib, median survival times were similar [12.3 vs 13.6 months] while adverse event profiles were different, but serious treatment related events were less with sorafenib [10% vs 18%] as were treatment related fatalities [4, 1% vs 11, 2%], of which 3 lenvatinib but no sorafenib related deaths were due to hepatic failure).