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# Propofol

Updated: July 10, 2020.

### **OVERVIEW**

### Introduction

Propofol is the mostly commonly used parenteral anesthetic agent in the United States, extensively used for minor and outpatient surgical procedures because of its rapid onset and reversal of action, and in intensive care units (ICUs) for maintenance of coma. Propofol has been associated with rare instances of idiosyncratic acute liver injury; in addition, prolonged high dose propofol therapy can cause the "Propofol infusion syndrome" which is marked by bradyarrhythmias, metabolic acidosis, rhabdomyolysis, hyperlipidemia and an enlarged or fatty liver.

# **Background**

Propofol (proe' poe fol) is an intravenously administered anesthetic agent that is widely used for minor and outpatient surgical procedures. Chemically, propofol is 2,6-diisopropylphenol and its mechanism of action is similar to the barbiturates and benzodiazepines, binding to gamma amino butyric acid (GABA) receptors in the central nervous system. The binding is to a different site than the benzodiazepines and causes marked increases the neuroinhibitory actions of the GABA receptor resulting in increased chloride conduction and hyperpolarization of neurons. Propofol also lowers intracerebral pressure and reduces cerebral oxygen consumption. Importantly, propofol has the unique pharmacokinetic and pharmacodynamic features of rapid onset of action and rapid reversal with stopping which makes it a valuable agent for induction of anesthesia and for short-term procedures. Propofol was approved for use in the United States in 1989 and it has become widely used for induction of general anesthesia, as an sole anesthetic agent for short, minor surgical and endoscopic procedures, and as a means of prolonged sedation in critically ill patients in intensive care units. Propofol is highly insoluble in water and is given in a lipid emulsion usually in a 1% solution of 10% soy bean oil. The typical induction dose of propofol is 1.5 to 2.5 mg/kg followed with small boluses or a constant low dose infusion for maintenance of anesthesia. Propofol is available generically and under the brand name Diprivan. Propofol should be administered by a trained anesthesiologist or anesthetist with adequate availability of ventilatory and cardiac support. Deaths from propofol overdose have been reported, particularly with its abuse.

# Hepatotoxicity

Liver test abnormalities are not common among patients during or after propofol anesthesia when given for a few hours. Indeed, propofol can be used safely in patients with cirrhosis and may be the preferred anesthetic agent in patients with minimal hepatic encephalopathy. However, isolated case reports of hepatitis arising within days or weeks after propofol anesthesia for minor procedures have been published. The pattern of serum enzyme elevations was usually hepatocellular and some instances were accompanied by jaundice and prolongation of

prothrombin time activity (Case 1). Immunoallergic features and autoantibodies during the liver injury were absent. In most published instances, other diagnoses such as ischemic hepatitis and hepatitis C were not completely excluded.

Prolonged infusions of propofol can result in a distinctive clinical syndrome known as the propofol infusion syndrome. It is marked by combinations of cardiac bradyarrhythmias, metabolic acidosis, rhabdomyolysis, hyperlipidemia, renal insufficiency and death from cardiovascular collapse. The syndrome generally arises after 2 to 3 days of sedation in association with use of higher doses of propofol (>5 mg/kg/hour) and may be more common in children than adults. Early termination of the propofol infusion can result in reversal of the syndrome, but the mortality rate in published series has been greater than 50%. On autopsy, patients with the propofol infusion syndrome may have hepatic microvesicular steatosis, explaining the lactic acidosis that frequently accompanies the muscle and heart abnormalities. However, jaundice and marked elevations in typical liver associated enzymes in this syndrome are uncommon. In some instances, both the urine and the liver have been described as being green in color, returning to normal soon after propofol is stopped. A mild form of this syndrome may occur earlier during infusions, as shown by lactic acidosis arising within 2 to 24 hours of starting propofol which is rapidly reversed upon stopping. More than 50 instances of propofol infusion syndrome have been described in the literature with a high mortality rate, although most deaths were due to cardiac involvement. Some instances of propofol infusion syndrome and lactic acidosis have been associated with higher than expected plasma levels of propofol, perhaps due to idiosyncratic differences in pharmacokinetics or miscalculation of administered dose.

Likelihood score: A[H] (well established cause of fatty liver injury when given in high doses over several days as a part of the propofol infusion syndrome) *and* D (possible rare cause of idiosyncratic, clinically apparent liver injury when given short term in conventional doses).

# **Mechanism of Injury**

The mechanism by which propofol causes liver injury is not known. The idiosyncratic cases are likely due to a metabolic byproduct as propofol is extensive metabolized in the liver by multiple P450 isoforms. The propofol infusion syndrome is likely due to direct mitochondrial injury which primarily affects myocardial and skeletal muscle, but which also can cause mitochondrial injury in hepatocytes resulting in microvesicular fat in the liver. The cardiac manifestations tend to be most prominent and are the usual reason for fatalities. There may be a genetic predisposition (perhaps a subclinical form of a mitochondrial disorder) to the propofol infusion syndrome or lactic acidosis.

# **Outcome and Management**

Management of the propofol infusion syndrome requires prompt discontinuation of the medication and cardiorespiratory support. Hemodialysis or hemofiltration may also be warranted. Lactic acidosis should be managed with intravenous fluids, 20% glucose infusions and bicarbonate. The idiosyncratic acute liver injury due to propofol is usually self-limited. Several reports of recurrence of propofol infusion syndrome upon restarting the anesthetic have been reported and reexposure should be avoided.

Drug Class: Anesthetic Agents

# **CASE REPORT**

# Case 1. Acute hepatitis after propofol anesthesia.(1)

A 62 year old woman underwent colonoscopy under propofol anesthesia and developed nausea, vomiting and epigastric pain 2 weeks later. She had no history of liver disease, took no medications, did not drink alcohol excessively and had no risk factors for viral hepatitis. She was jaundiced but was without signs of chronic liver

disease. Laboratory testing showed marked elevations in ALT and AST with moderate increase in alkaline phosphatase (Table). She was admitted for evaluation. Tests for hepatitis A and B, EBV and cytomegalovirus were negative and autoantibodies were not found. She had antibody to hepatitis C (anti-HCV), although routine laboratory tests taken 6 months earlier had showed normal ALT levels. An abdominal CT scan showed no evidence of biliary obstruction. A liver biopsy showed an acute hepatocellular injury with mild fibrosis with changes suggesting a drug induced injury, rather than chronic hepatitis C. Subsequently, her symptoms resolved and laboratory tests had were falling when she was seen three weeks after onset.

### **Key Points**

Medication:	Propofol anesthesia (250 mg, total dose)
Pattern:	Hepatocellular (R=10.2)
Severity:	3+ (jaundice, hospitalization)
Latency:	14 days
Recovery:	Unclear, probably within 6 weeks
Other medications:	None mentioned

# **Laboratory Values**

Time After Starting	Time After Stopping	ALT (U/L)	Alk P (U/L)	Bilirubin (mg/dL)	Other		
Pre	Pre	11	94	0.2			
Outpatient colonoscopy under propofol anesthesia							
14 days	0	1313	322	4.8	Admitted. INR=0.96		
16 days	2 days	2219	311	6.7			
17 days	3 days	2008	289	7.2			
23 days	8 days	1504	225	10.0	INR=1.34		
25 days	10 days	914	232	10.5			
4 weeks	2 weeks	197	196	7.1			
5 weeks	3 weeks	62	162	4.4			
Norma	<50	<125	<1.2				

### Comment

A possible case of drug induced liver injury in which the only medication exposure was propofol anesthesia given 2 weeks before clinical presentation with symptoms and jaundice. The course was somewhat prolonged and the INR rose slightly suggesting that the injury was significant. Propofol anesthesia has been used in several million patients and drug induced liver injury as a result must be very rare. An alternative explanation in this case was acute hepatitis C, which was perhaps the more likely diagnosis, but HCV RNA results and follow up testing results were not provided.

# **PRODUCT INFORMATION**

#### REPRESENTATIVE TRADE NAMES

Propofol - Generic, Diprivan®

DRUG CLASS

#### Anesthetics

#### **COMPLETE LABELING**

Product labeling at DailyMed, National Library of Medicine, NIH

### CHEMICAL FORMULA AND STRUCTURE

DRUG	CAS REGISTRY NUMBER	MOLECULAR FORMULA	STRUCTURE
Propofol	2078-54-8	C12-H18-O	

# **CITED REFERENCE**

1. Nguyen HD, Borum ML. Acute hepatitis in a patient given propofol during colonoscopy. South Med J. 2009;102:333–4. PubMed PMID: 19204630.

# **ANNOTATED BIBLIOGRAPHY**

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(Textbook of pharmacology and therapeutics).

Kawar P, Briggs LP, Bahar M, McIlroy PDA, Dundee JW, Merrett JD, Nesbitt GS. Liver enzyme studies with disoprofol (ICI 35,868) and midazolam. Anaesthesia. 1982;37:305–8. PubMed PMID: 6979953.

(Controlled trial of proposol vs midazolam vs thiopentone as induction agent for nitrous oxide anesthesia in 72 patients with monitoring of serum enzymes over next 2 weeks [3 determinations]; average levels did not rise and minor elevations occurred equally in all three groups).

Stark RD, Binks SM, Dutka VN, O'Connor KM, Arnstein MJ, Glen JB. A review of the safety and tolerance of propofol ('Diprivan'). Postgrad Med J. 1985;61 Suppl 3:152–6. PubMed PMID: 3877284.

(None of 155 patients given propofol anesthesia who were closely monitored in follow up had ALT elevations above 2 times ULN; no mention of hepatotoxicity or jaundice).

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- [Adverse effects of propofol (Diprivan)]. Ugeskr Laeger 1990; 152: 1176. Danish.
- (The original report of what was later called the propofol infusion syndrome).
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- (Initial report of propofol infusion syndrome in English: 5 children, ages 0.1 to 6 years on propofol at doses >4 mg/kg/hour for 4-6 days developed fatal arrhythmias and metabolic acidosis; microvesicular fat in liver on autopsy in 2).
- Motsch J, Schmidt H, Bach A, Böttiger BW, Böhrer H. Long-term sedation with propofol and green discolouration of the liver. Eur J Anaesthesiol. 1994;11:499–502. PubMed PMID: 7851359.
- (56 year old man with complications of bowel resection for cancer requiring repeated open peritoneal lavage and ventilatory support, was treated with propofol and found to have "lawn-like" green color to liver 7 days later [bilirubin 5.9 mg/dL, ALT 20 U/L, Alk P 346 U/L, thought to be due to sepsis]; 2 weeks after propofol was stopped the liver was normal color).
- Müller C, Jelinek T, Endres S, Loeschke K. Z Gastroenterol. 1996;34:809–12. [Severe protracted cholestasis after general anesthesia in a patient with Alagille syndrome]. PubMed PMID: 9082660.
- (27 year old woman with Alagille syndrome developed severe cholestasis [bilirubin 59 mg/dL, ALT 61 U/L, Alk P 269 U/L] and ascites 4 weeks after general anesthesia with propofol and isoflurane; eventually resolved).
- Marinella MA. Lactic acidosis associated with propofol. Chest. 1996;109:292. PubMed PMID: 8549205.
- (30 year old woman intubated for asthma and given iv propofol developed lactic acidosis within 2 hours which improved on stopping).
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- Hanna JP, Ramundo ML. Rhabdomyolysis and hypoxia associated with prolonged propofol infusion in children. Neurology. 1998;50:301–3. PubMed PMID: 9443502.
- (Two children, ages 7 and 17 years, developed fatal arrhythmias, lactic acidosis, rhabdomyolysis after 1-3 days of propofol sedation for status epilepticus).
- Bray RJ. Propofol infusion syndrome in children. Paediatr Anaesth. 1998;8:491–9. PubMed PMID: 9836214.
- (Summary of 18 cases of propofol infusion syndrome in children, only 3 of whom survived; usually received >4 mg/kg/hour for 1-5 days, dying of bradyarrhythmias, often with acidosis and hyperlipidemia and enlarged or fatty liver; among 9 children treated in one unit with propofol for at least 48 hours, 3 developed fatal syndrome compared to 0 of 26 sedated with other agents).
- Hatch DJ. Propofol-infusion syndrome in children. Lancet. 1999;353:1117–8. PubMed PMID: 10209973.
- (Commentary on article by Bray in 1998 calling for a clinical trial to reassess safety of iv propofol in children).
- Bray RJ. Propofol-infusion syndrome in children. Lancet. 1999;353:2074–5. PubMed PMID: 10376650.
- (Response to letter from Hatch in 1999 citing ethical concerns of doing clinical trials of propofol in children).
- Murdoch SD, Cohen AT. Propofol-infusion syndrome in children. Lancet. 1999;353:2074–5. PubMed PMID: 10376651.

(Survey of 218 ICUs in UK; 47 reported that they used propofol in children including 11 of 18 pediatric units, limiting to doses of 1-4 mg/kg/hour and only for short term).

- Mehta N, De Hunter C, Parviz H, Nadel S, Britto J. Short-term propofol infusions in children. Lancet. 1999;354:866–7. PubMed PMID: 10485752.
- (18 month old developed acidosis 5 hours after starting propofol with subsequent arrhythmia and renal and respiratory failure).
- Stelow EB, Johari VP, Smith SA, Crosson JT, Apple FS. Propofol-associated rhabdomyolysis with cardiac involvement in adults: chemical and anatomic findings. Clin Chem. 2000;46:577–81. PubMed PMID: 10759487.
- (47 year old woman and 41 year old man developed rhabdomyolysis with marked CPK and troponin I elevations within 2-4 hours of starting high doses of iv propofol during intubation for asthma; one died).
- Perrier ND, Baerga-Varela Y, Murray MJ. Death related to propofol use in an adult patients. Crit Care Med. 2000;28:3071–4. PubMed PMID: 10966298.
- (18 year old man with head trauma given iv propofol [5.8-7.6 mg/kg/hour] developed arrhythmias on day 5 followed by progressive lactic acidosis, hyperlipidemia, and death in asystole).
- Cannon ML, Glazier SS, Bauman LA. Metabolic acidosis, rhabdomyolysis, and cardiovascular collapse after prolonged propofol infusion. J Neurosurg. 2001;95:1053–6. PubMed PMID: 11765823.
- (13 year old girl given propofol [6 mg/kg/hour] in ICU for 4 days developed green urine, acidosis and right bundle branch block with coved ST segments and subsequent cardiovascular collapse; autopsy showed "no hepatic steatosis").
- Kelly DF. Propofol-infusion syndrome. J Neurosurg. 2001;95:925–6. PubMed PMID: 11765835.
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- (2 year old boy with head trauma given propofol [5.2 mg/kg/hour] developed renal insufficiency on day 4 followed by arrhythmias and lactic acidosis, responded to stopping propofol and hemofiltration; high C5-acylcarnitide suggested impaired mitochondrial fatty acid oxidation).

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- (Review of propofol infusion syndrome; mentions unpublished prospective, randomized clinical trial in children which found higher rate of death [8% and 11%] with propofol than standard agents [4%]).
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- (3 year old girl ventilated for aspiration pneumonia with propofol developed acidosis after 15 hours [20 mg/kg/hour], improving on stopping propofol, but acutely worsening within 8 hours of restarting with arrhythmias and cardiovascular collapse).
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- (64 year old man developed tachycardia after 3 hours of propofol anesthesia [~8 mg/kg/hour] with subsequent lactic acidosis [lactate rising from 1.45 to 8.57 mM, pH falling from 7.43 to 7.28], but rapid resolution on stopping propofol after 4.5 hours).
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- (7 year old boy developed increased lactate levels 5 hours after receiving 40 minutes of propofol sedation spontaneously improving).
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- (65 year old man received propofol during ERCP for biliary pancreatitis and 48 hours later had rise in ALT [50 times ULN], Alk P [slight increase] and bilirubin [8.9 mg/dL], with rapid recovery and normal values 2 weeks later; suspected propofol as cause of acute liver injury).
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- Nguyen HD, Borum ML. Acute hepatitis in a patient given propofol during colonoscopy. South Med J. 2009;102:333–4. PubMed PMID: 19204630.
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- (Neonate and preterm baby receiving 2 hours of propofol anesthesia [later found to be an overdose] developed hypotension and bradycardia [ALT 5760 U/L, Alk P 630 U/L, pH 7.35], with rapid recovery and normal enzymes within 1 day).
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- (35 year old woman developed jaundice and signs of hepatic failure one week after surgery and propofol anesthesia [bilirubin  $\sim$ 18.5 mg/dL, ALT  $\sim$ 1050 U/L, INR  $\sim$ 1.6], liver biopsy showing massive necrosis and mild fat, resolving rapidly over next month).
- Reuben A, Koch DG, Lee WM; Acute Liver Failure Study Group. Drug-induced acute liver failure: results of a U.S. multicenter, prospective study. Hepatology. 2010;52:2065–76. PubMed PMID: 20949552.
- (Among 1198 patients with acute liver failure enrolled in a US prospective study between 1998 and 2007, 133 were attributed to drug induced liver injury including 2 attributed to anesthetic agents, one to halothane and one to isoflurane, but none to propofol).

Correia LM, Bonilha DQ, Gomes GF, Brito JR, Nakao FS, Lenz L, Rohr MR, et al. Sedation during upper GI endoscopy in cirrhotic outpatients: a randomized, controlled trial comparing propofol and fentanyl with midazolam and fentanyl. Gastrointest Endosc. 2011;73(1):45–51.e1. PubMed PMID: 21184869.

- (Among 210 patients with cirrhosis undergoing endoscopy comparing propofol and midazolam anesthesia, propofol was more efficacious and had a shorter recovery time than midazolam, side effects were similar; no mention of worsening of liver disease).
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