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## **Triazolam**

Revised: February 15, 2023.

CASRN: 28911-01-5

# **Drug Levels and Effects**

# **Summary of Use during Lactation**

Because little information is available on the use of triazolam during breastfeeding, an alternate hypnotic may be preferred, especially while nursing a newborn or preterm infant. Triazolam has a relatively short half-life, so occasional use while breastfeeding an older infant should pose little risk to the infant, but monitor the infant for sedation, poor feeding and poor weight gain.

## **Drug Levels**

Maternal Levels. Relevant published information was not found as of the revision date.

*Infant Levels.* Relevant published information was not found as of the revision date.

**Disclaimer:** Information presented in this database is not meant as a substitute for professional judgment. You should consult your healthcare provider for breastfeeding advice related to your particular situation. The U.S. government does not warrant or assume any liability or responsibility for the accuracy or completeness of the information on this Site.

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#### **Effects in Breastfed Infants**

In a telephone follow-up study, 124 mothers who took a benzodiazepine while nursing reported whether their infants had any signs of sedation. One mother took triazolam while breastfeeding and reported no sedation in her infant.[1]

#### **Effects on Lactation and Breastmilk**

Relevant published information was not found as of the revision date.

## **Alternate Drugs to Consider**

Zaleplon, Zolpidem

### **References**

1. Kelly LE, Poon S, Madadi P, et al. Neonatal benzodiazepines exposure during breastfeeding. J Pediatr. 2012;161:448–51. PubMed PMID: 22504099.

# **Substance Identification**

#### **Substance Name**

Triazolam

## **CAS Registry Number**

28911-01-5

## **Drug Class**

**Breast Feeding** 

Lactation

Milk, Human

Hypnotics and Sedatives

Benzodiazepines