



Poikiloderma with Neutropenia

Synonym: Clericuzio-Type Poikiloderma with Neutropenia

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Summary

Clinical characteristics

Poikiloderma with neutropenia (PN) is characterized by an inflammatory eczematous rash (appears at ages 6-12 months) followed by post-inflammatory poikiloderma (at age >2 years) and chronic noncyclic neutropenia typically associated with recurrent sinopulmonary infections in the first two years of life and (often) bronchiectasis. There is increased risk for myelodysplastic syndrome, acute myelogenous leukemia, and skin cancer. Other ectodermal findings include thickened nails, nail dystrophy, and palmar/plantar hyperkeratosis. Most affected individuals also have reactive airway disease, and some have short stature, hypogonadotropic hypogonadism, midfacial retrusion, calcinosis cutis, and non-healing skin ulcers.

Diagnosis/testing

Often the diagnosis of PN can be established in a proband based on clinical findings (post-inflammatory poikiloderma and congenital chronic neutropenia). Unequivocal confirmation of the diagnosis of PN relies on detection of biallelic *USBI* pathogenic variants by molecular genetic testing.

Management

Treatment of manifestations: Dermatologic manifestations are treated with gentle skin care using bland emollients. Diligent sun protection with both UVA and UVB protection and/or sun-protective clothing to reduce the risk of skin cancer. Very pruritic palmar/plantar hyperkeratosis can be treated with a strong topical steroid or a topical keratolytic if secondary dermatophyte infection has been ruled out. Although use of granulocyte-colony stimulating factor increases the absolute neutrophil count, there is little evidence of decreased frequency of infections with this treatment. Sinopulmonary, middle ear, and skin infections require aggressive treatment with antibiotics. Annual influenza vaccine is recommended. Developmental support as

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needed. Gingivitis, dental caries, reactive airway disease, premyelodysplastic changes, myelodysplastic syndrome, acute myelogenous leukemia, skin cancer, hypogonadotropic hypogonadism, and osteoporosis are treated in the usual manner.

Surveillance: Annual examination by a physician familiar with PN; annual dermatology examination for skin cancer beginning at age ten years; dental examination every three to six months; annual pulmonology examination in those with bronchiectasis, chronic cough, and/or reactive airway disease; annual complete blood count with differential and platelet count with evaluation by a hematologist/oncologist as needed; assessment of growth, pubertal development, developmental milestones, and educational progress at each visit throughout childhood; DXA scan as needed in adults.

Agents/circumstances to avoid: Excessive sun exposure due to the increased risk of skin cancer; exposure to secondhand cigarette or wood smoke and persons with respiratory illnesses due to the increased risk of respiratory infections.

Evaluation of relatives at risk: It is appropriate to evaluate apparently asymptomatic older and younger sibs of a proband in order to identify as early as possible those who would benefit from prompt initiation of treatment and surveillance for potential complications.

Genetic counseling

PN is inherited in an autosomal recessive manner. If both parents are known to be heterozygous for a *USB1* pathogenic variant, each sib of an affected individual has at conception a 25% chance of being affected, a 50% chance of being an asymptomatic carrier, and a 25% chance of being unaffected and not a carrier. Once the *USB1* pathogenic variants have been identified in an affected family member, carrier testing for at-risk relatives and prenatal/preimplantation genetic testing are possible.

Diagnosis

Suggestive Findings

Poikiloderma with neutropenia (PN) **should be suspected** in individuals with the following clinical, laboratory, and family history findings.

Clinical Findings

Skin

- Between ages six and 12 months, inflammatory eczematous rash appearing first on the limbs and progressing to the trunk, face, and on occasion the pinnae
- After age two years, post-inflammatory poikiloderma (areas of hyper- and hypopigmentation, atrophy, and telangiectasias) (See Figure 1.)

Note: The telangiectasia may be subclinical and seen only on skin biopsy (which is not necessary for diagnosis).

Recurrent infections (as evidence of neutropenia)

- In the first two years of life, recurrent sinopulmonary infections, often complicated by bronchiectasis
- Adolescent- and adult-onset non-healing skin ulcers
- Cellulitis, osteomyelitis



Figure 1. Post-inflammatory poikiloderma in a boy age ten years; note hypo- and hyperpigmentation.

Laboratory Findings

Congenital chronic noncyclic neutropenia that is moderate to severe:

- Moderate neutropenia: absolute neutrophil count (ANC)* of 500-1,000/ μ L
 - Severe neutropenia: ANC <500/ μ L
- * ANC = white blood cell count (WBC) x % neutrophils

Family History

Family history is consistent with autosomal recessive inheritance (e.g., affected sibs and/or parental consanguinity). Absence of a known family history does not preclude the diagnosis.

Establishing the Diagnosis

In many instances, the clinical diagnosis of poikiloderma with neutropenia (PN) **can be established** in a proband with post-inflammatory poikiloderma and congenital chronic neutropenia, or the molecular diagnosis can be established in a proband with suggestive findings and biallelic pathogenic (or likely pathogenic) variants in *USB1* identified by molecular genetic testing (see Table 1).

Note: (1) Per ACMG/AMP variant interpretation guidelines, the terms "pathogenic variant" and "likely pathogenic variant" are synonymous in a clinical setting, meaning that both are considered diagnostic and can be used for clinical decision making [Richards et al 2015]. Reference to "pathogenic variants" in this *GeneReview* is understood to include likely pathogenic variants. (2) Identification of biallelic *USB1* variants of uncertain significance (or of one known *USB1* pathogenic variant and one *USB1* variant of uncertain significance) does not establish or rule out the diagnosis.

Molecular genetic testing approaches can include a combination of **gene-targeted testing** (single-gene testing, multigene panel) and **comprehensive genomic testing** (exome sequencing, genome sequencing). Gene-targeted testing requires that the clinician determine which gene(s) are likely involved (see Option 1), whereas comprehensive genomic testing does not (see Option 2).

Option 1

Single-gene testing. Sequence analysis of *USB1* is performed first to detect missense, nonsense, and splice site variants and small intragenic deletions/insertions. Typically, if only one or no variant is detected by the sequencing method used, the next step is to perform gene-targeted deletion/duplication analysis to detect exon and whole-gene deletions or duplications; however, to date such variants have not been identified as a cause of this disorder.

Note: Targeted analysis for pathogenic variants can be performed first in individuals of geographic regions with known founder pathogenic variants (see Table 7).

A **multigene panel** that includes *USB1* and other genes of interest (see Differential Diagnosis) may also be considered to identify the genetic cause of the condition while limiting identification of variants of uncertain significance and pathogenic variants in genes that do not explain the underlying phenotype. Note: (1) The genes included in the panel and the diagnostic sensitivity of the testing used for each gene vary by laboratory and are likely to change over time. (2) In some laboratories, panel options may include a custom laboratory-designed panel and/or custom phenotype-focused exome analysis that includes genes specified by the clinician. (3) Methods used in a panel may include sequence analysis, deletion/duplication analysis, and/or other non-sequencing-based tests.

For an introduction to multigene panels click [here](#). More detailed information for clinicians ordering genetic tests can be found [here](#).

Option 2

Comprehensive genomic testing does not require the clinician to determine which gene is likely involved. **Exome sequencing** is most commonly used; **genome sequencing** is also possible.

For an introduction to comprehensive genomic testing click [here](#). More detailed information for clinicians ordering genomic testing can be found [here](#).

Table 1. Molecular Genetic Testing Used in Poikiloderma with Neutropenia

Gene ¹	Method	Proportion of Pathogenic Variants ² Detectable by Method
<i>USB1</i>	Sequence analysis ³	100% ⁴
	Gene-targeted deletion/duplication analysis ⁵	None reported ⁴

1. See Table A. Genes and Databases for chromosome locus and protein.

2. See Molecular Genetics for information on variants detected in this gene.

3. Sequence analysis detects variants that are benign, likely benign, of uncertain significance, likely pathogenic, or pathogenic. Variants may include missense, nonsense, and canonical and non-canonical splice site variants and small intragenic deletions/insertions; typically, structural rearrangements involving the gene and/or its flanking regions require long read sequencing techniques. For issues to consider in interpretation of sequence analysis results, click [here](#).

4. Data derived from [LOVD](#) and the subscription-based professional view of Human Gene Mutation Database [Stenson et al 2020]

5. Gene-targeted deletion/duplication analysis detects intragenic deletions or duplications. Methods used may include a range of techniques such as quantitative PCR, long-range PCR, multiplex ligation-dependent probe amplification (MLPA), and a gene-targeted microarray designed to detect single-exon deletions or duplications. Exome and genome sequencing may be able to detect deletions/duplications using breakpoint detection or read depth; however, sensitivity can be lower than gene-targeted deletion/duplication analysis.

Clinical Characteristics

Clinical Description

Poikiloderma with neutropenia (PN) is characterized by post-inflammatory poikiloderma and chronic noncyclic neutropenia typically associated with recurrent sinopulmonary infections and often bronchiectasis. There is increased risk for myelodysplastic syndrome, which may evolve into acute myelogenous leukemia, and skin squamous cell carcinoma. Other ectodermal findings include thickened nails, nail dystrophy, and palmar/plantar hyperkeratosis. Most affected individuals also have reactive airway disease, and some have short stature, hypogonadotropic hypogonadism, midfacial retrusion, calcinosis cutis, and non-healing skin ulcers [Colombo et al 2012]. Intrafamilial clinical variability has been observed. The clinical information that follows is based on around 100 individuals with a clinical and molecular diagnosis of PN [Larizza 2024].

Table 2. Poikiloderma with Neutropenia: Frequency of Select Features

Feature	% of Persons w/Feature	Comment
Poikiloderma	>95%	Post-inflammatory
Palmar/plantar hyperkeratosis	50%-75%	
Nail abnormalities	>95%	Thick nails, dystrophic nails
Hair abnormalities	50%-75%	
Dental abnormalities	20%-40%	
Neutropenia	>95%	Chronic noncyclic, moderate to severe
Recurrent infections	90%	Respiratory infections, otitis media, sinusitis, cellulitis
Malignancies	5%-10%	Myelodysplasia, hematologic malignancies; rarely, skin cancer
Facial dysmorphism	50%-75%	Frontal bossing, midface hypoplasia, depressed nasal bridge, hypertelorism

Based on Piccolo et al [2021] and Larizza [2024]

Ectodermal Features

Skin. Typically, the skin is normal at birth, and at age six to 12 months, a nonpruritic acral eczematous-like rash develops that progresses to the trunk and face. Rarely, the rash can start on the face [Tadros et al 2021]. Over the next year or so the inflammatory rash resolves, the skin becomes dry, and poikiloderma becomes evident as areas of hyper- and hypopigmentation, atrophy, and telangiectasias develop (see Figure 1). Poikiloderma is not photodistributed, persists throughout life, and may be more noticeable in individuals who have constitutionally darker skin.

Palmar/plantar hyperkeratosis is common, can range from mild to severe, and can be debilitating [Concolino et al 2019, Akdogan et al 2020, Bilgic Eltan et al 2021].

Calcinosis cutis – small nodules that may be localized to the elbows, knees, and pinnae or can be more diffuse – may develop in childhood [Clericuzio et al 2011, Bishnoi et al 2021, Kreuter et al 2021, Tadros et al 2021, Parajuli et al 2024].

Children and adults are prone to cellulitis (a manifestation of neutropenia) that may progress to non-healing skin ulcers or even abscesses [Parperis et al 2020, Kreuter et al 2021, Roebke et al 2021, Parajuli et al 2024]. One individual has been described with pyoderma gangrenosum [Al Haddabi et al, [unpublished data](#)].

Photosensitivity and blistering have been reported in a few individuals [Kreuter et al 2021, Vahidnezhad et al 2021, Peterson et al 2022].

Squamous cell carcinoma of the skin has been reported in a handful of individuals at young ages (age 13 to 20 years) [Walne et al 2010, Rodgers et al 2013, Colombo et al 2018, Hertel et al 2018, Concolino et al 2019, Kreuter et al 2021].

Nails. Thickened, hyperkeratotic toenails and/or fingernails (pachyonychia) are common; dystrophic nails, which can slough, may also be seen (see Figure 2) [Bilgic Eltan et al 2021, Bishnoi et al 2021, Kreuter et al 2021, Peterson et al 2022, Yan et al 2023]. Anonychia was observed in one individual [Colombo et al 2012].

Hair. Eyebrows and eyelashes are often sparse; hair can be dry and thin [Parperis et al 2020, Bilgic Eltan et al 2021, Kreuter et al 2021, Vahidnezhad et al 2021].

Teeth. Delayed dental eruption, abnormally shaped teeth, and dental abscesses have been observed. Gingivitis and dental caries leading to tooth loss are common [Concolino et al 2019, Bishnoi et al 2021, Kreuter et al 2021, Tadros et al 2021].

Hematologic Findings

Neutropenia/infections. Neutropenia is usually identified in early infancy. Chronic recurrent otitis media and sinusitis are common in childhood. After age five to ten years, the frequency of acute sinopulmonary infections decreases, but most individuals continue to have bronchiectasis, chronic non-productive cough, and reactive airway disease. Almost 90% of individuals with PN have recurrent pulmonary infections, including lung abscesses and lung granulomas.

Most individuals with PN who are not acutely ill have moderate neutropenia, although some have severe neutropenia [Bilgic Eltan et al 2021, Tadros et al 2021, Peterson et al 2022, Yan et al 2023, Parajuli et al 2024]. While the absolute neutrophil count (ANC) may rise to the low-normal range during acute infection, it is always inappropriately low, and with resolution of the infection reverts to baseline neutropenia.

Quantitative immunoglobulins and lymphocyte subset panels are normal.

Transient thrombocytopenia and variable anemia have been reported [Patiroglu & Akar 2015, Walne et al 2016, Colombo et al 2018, Bilgic Eltan et al 2021, Piccolo et al 2021].

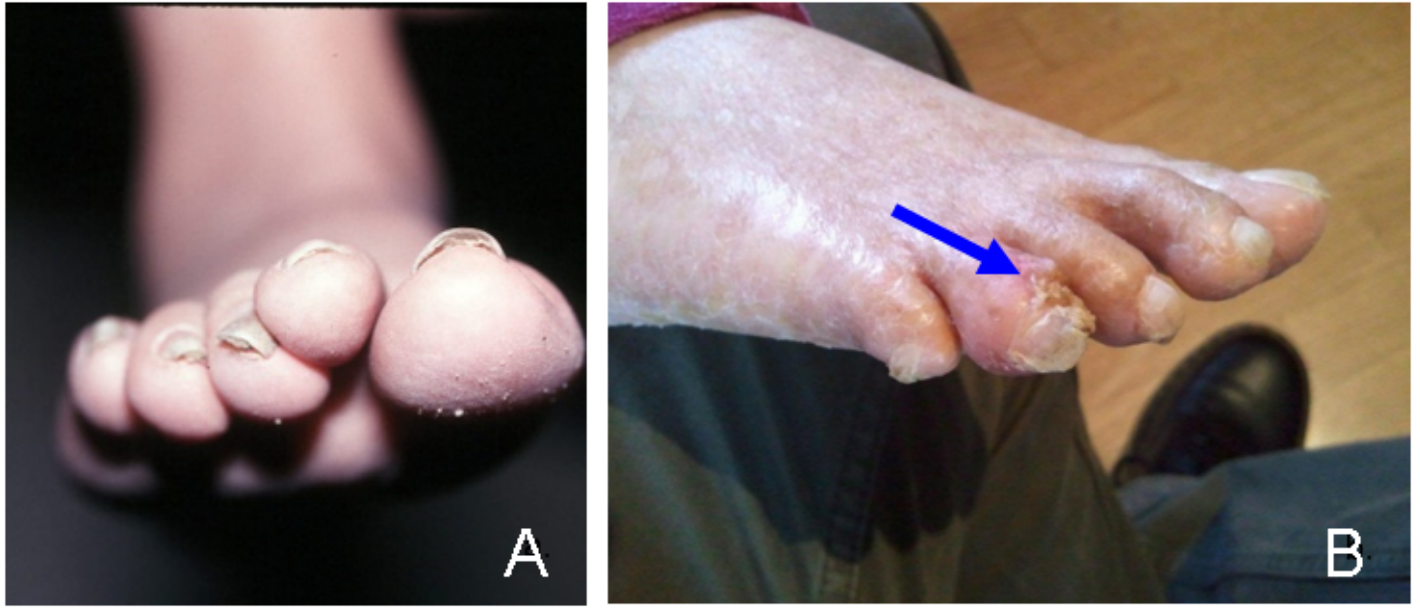


Figure 2. A. Nail dystrophy in a girl age five years

B. Dysplastic toenails and squamous cell carcinoma (blue arrow) in a girl age 14 years

Myelodysplasia and Hematologic Malignancies

Bone marrow studies have been described in a portion of reported individuals and have shown hypocellularity and premyelodysplastic changes (often defined as <10% abnormal cells), including increased number of immature cells and myeloid maturation defects. Some individuals with PN initially have normal bone marrow studies and subsequently develop bone marrow changes. Global impaired bone marrow production has been reported, affecting the development of all three major lineages [Concolino et al 2019, Bilgic Eltan et al 2021, Kreuter et al 2021]. Persons with PN can go on to develop myelodysplastic syndrome as well as acute myelogenous leukemia [Colombo et al 2018].

Facial Features

Facial features are usually normal at birth; however, over time characteristic craniofacial features of prominent forehead, frontal bossing, depressed nasal bridge, and midface retrusion usually develop (see Figure 3) [Concolino et al 2019, Akdogan et al 2020, Bishnoi et al 2021, Parperis et al 2020, Kreuter et al 2021, Vahidnezhad et al 2021].

Endocrine Manifestations

Growth deficiency. Birth length and weight are usually normal; however, intrauterine growth restriction (IUGR) can be seen. Postnatal-onset short stature not associated with growth hormone deficiency is common. One individual was reported to be unresponsive to growth hormone therapy [Koparir et al 2014].

Hypogonadotropic hypogonadism causing delayed puberty is not uncommon [Akdogan et al 2020, Kreuter et al 2021].

Abnormal bone density. Osteopenia, osteoporosis, and increased bone fragility have been reported. Increased bone density has also been reported [Akdogan et al 2020, Bilgic Eltan et al 2021, Kreuter et al 2021, Vahidnezhad et al 2021].



Figure 3. Three Italian sibs with typical midfacial hypoplasia

Other Findings

Additional abnormal laboratory findings. Virtually all individuals have elevated serum lactate dehydrogenase of unknown etiology; some have nonspecific mild elevation of aminotransferases, aspartate aminotransferase, ferritin, and creatine phosphokinase [Concolino et al 2019, Bilgic Eltan et al 2021, Kreuter et al 2021, Piccolo et al 2021, Peterson et al 2022].

Hepatosplenomegaly has been described in several individuals [Concolino et al 2019, Bilgic Eltan et al 2021, Piccolo et al 2021, Tadros et al 2021].

Development. Although early developmental delays (possibly related to chronic illness) have been reported, intellectual disability has not been reported.

Muscle weakness. Several individuals with muscle weakness had normal muscle biopsies.

Other rare features

- Epiphora due to lacrimal duct obstruction and vocal cord nodules with hyperkeratinization, resulting in high-pitched voice [Koparir et al 2014]
- Macrocephaly and microcephaly
- Hypermobility of fingers with "swan neck deformity" [Concolino et al 2010, Concolino et al 2019, Parperis et al 2020, Kreuter et al 2021]
- Osteomyelitis due to recurrent infections and persistent neutropenia causing loss of digits [Akdogan et al 2020, Roebke et al 2021]
- Isolated reports of lens opacity [Concolino et al 2019], premature graying of hair [Vahidnezhad et al 2021], and abnormal/obliterated dermatoglyphics [Bishnoi et al 2021, Vahidnezhad et al 2021].

Genotype-Phenotype Correlations

Genotype-phenotype correlations have not been established to date. Individuals homozygous for *USB1* pathogenic variants c.531delA, c.243G>A, or c.541C>T may have a higher risk of cancer development [Colombo et al 2018].

Nomenclature

Poikiloderma with neutropenia was termed "immune-deficient poikiloderma" in the publication by Clericuzio et al [1991], who first described the condition in the Navajo population. When it was subsequently identified in individuals of other ethnicities, the condition was renamed poikiloderma with neutropenia [Wang et al 2003].

In 2005 Van Hove proposed renaming the disorder Clericuzio-type poikiloderma with neutropenia [Van Hove et al 2005].

Prevalence

First described in the Navajo Native American population [Clericuzio et al 1991], PN has since been identified in individuals of other ethnicities.

Pathogenic variant c.531delA, identified in 22 individuals from 16 families of Turkish ancestry, is the most prevalent *USB1* pathogenic variant identified to date.

Genetically Related (Allelic) Disorders

No phenotypes other than poikiloderma with neutropenia are known to be associated with germline pathogenic variants in *USB1*.

Differential Diagnosis

Table 3 summarizes inherited disorders with either poikiloderma or neutropenia in the differential diagnosis of poikiloderma with neutropenia (PN). These disorders can be distinguished from PN by the distinctive characteristics of poikiloderma and neutropenia in PN and by additional clinical features (see Table 3).

Of note, prior to *USB1* molecular genetic testing, individuals with PN have been clinically misdiagnosed as having Rothmund-Thomson syndrome, dyskeratosis congenita, and [Kindler syndrome](#) (a rare subtype of epidermolysis bullosa) [Walne et al 2016, Akdogan et al 2020, Tadros et al 2021, Vahidnezhad et al 2021].

Additional considerations in the differential diagnosis of PN include severe congenital *ELANE*-related neutropenia and hereditary fibrosing poikiloderma (with which PN resemblance is evidenced by computational facial analysis).

Table 3. Disorders to Consider in the Differential Diagnosis of Poikiloderma with Neutropenia

Gene(s)	Disorder	MOI	Features of Disorder	
			Overlapping w/PN	Distinguishing From PN
<p><i>ACD</i> <i>CTC1</i> <i>DKC1</i> <i>NAF1</i> <i>NHP2</i> <i>NOP10</i> <i>PARN</i> <i>POT1</i> <i>RPA1</i> <i>RTEL1</i> <i>STN1</i> <i>TERC</i> <i>TERT</i> <i>TINF2</i> <i>WRAP53</i> <i>ZCCHC8</i></p>	<p>Dyskeratosis congenita & related telomere biology disorders</p>	<p>XL AD AR¹</p>	<ul style="list-style-type: none"> Poikiloderma Acute myelogenous leukemia Myelodysplasia Nail dystrophy 	<ul style="list-style-type: none"> Poikiloderma on upper chest/neck Oral leukoplakia, pulmonary fibrosis. & short telomeres (on lab testing)

Table 3. continued from previous page.

Gene(s)	Disorder	MOI	Features of Disorder	
			Overlapping w/PN	Distinguishing From PN
<i>ANAPC1</i> <i>RECQL4</i>	Rothmund-Thomson syndrome	AR	<ul style="list-style-type: none"> • Early-onset poikiloderma • Dental abnormalities • Nail dystrophy • Palmar/plantar hyperkeratosis • Skin SCC • Short stature • Sparse hair & eyebrows/lashes 	<ul style="list-style-type: none"> • Rash typically starts on face & spreads to extremities. • Skeletal defects (incl radial ray defects), GI disturbance, & cataracts • Osteosarcoma is the predominant cancer.
<i>ELANE</i>	<i>ELANE</i> -related neutropenia	AD	Congenital neutropenia	<ul style="list-style-type: none"> • Neutropenia is cyclic & severe. • Not assoc w/poikiloderma or nail dystrophy.
<i>FAM111B</i>	Hereditary fibrosing poikiloderma w/tendon contractures, myopathy, & pulmonary fibrosis (POIKTMP)	AD	<ul style="list-style-type: none"> • Poikiloderma • Nail dysplasia • Palmar/plantar hyperkeratosis • Recurrent bronchitis • Short stature • Sparse/absent eyelashes &/or eyebrows • Thrombocytopenia, marrow hypocellularity 	<ul style="list-style-type: none"> • Poikiloderma is localized to face. • Hypohidrosis, muscle contractures, lymphedema of the extremities, myopathy, exocrine pancreatic insufficiency, & pulmonary fibrosis
<i>FERMT1</i>	Kindler syndrome epidermolysis bullosa ²	AR	<ul style="list-style-type: none"> • Poikiloderma • Blistering • Photosensitivity • Skin atrophy • Hyperkeratosis • Nail dystrophy • Loss of dermatoglyphics • Mucocutaneous SCC 	<ul style="list-style-type: none"> • Blistering is early onset & severe, while poikiloderma is later onset. • Generalized atrophy & oral mucosal fragility is prominent & may lead to strictures.

AD = autosomal dominant; AR = autosomal recessive; GI = gastrointestinal; MOI = mode of inheritance; PN = poikiloderma with neutropenia; SCC = squamous cell carcinoma; XL = X-linked

1. The mode of inheritance of dyskeratosis congenita & related telomere biology disorders varies by gene (see [Genetic Counseling](#) in the *Dyskeratosis Congenita and Related Telomere Biology Disorders GeneReview*).

2. Vahidnezhad et al [2021]

Management

Evaluations Following Initial Diagnosis

To establish the extent of disease and needs in an individual diagnosed with poikiloderma with neutropenia (PN), the evaluations summarized in Table 4 (if not performed as part of the evaluation that led to the diagnosis) are recommended,

Table 4. Poikiloderma with Neutropenia: Recommended Evaluations Following Initial Diagnosis

System/Concern	Evaluation	Comment
Skin	Dermatologic eval to assess for calcinosis cutis, cellulitis, palmar/plantar hyperkeratosis, & examine for evidence of non-healing ulcers & skin cancer	
Dental	Dental eval to assess for gingivitis &/or caries	
Otolaryngology	Otolaryngology eval for complications of chronic otitis media	

Table 4. continued from previous page.

System/Concern	Evaluation	Comment
Pulmonary	Pulmonary consult to incl eval for bronchiectasis & granulomas & to assess for reactive airway disease	
Hematology	<ul style="list-style-type: none"> CBC w/differential & platelet count Hematology/oncology consultation to eval for need for bone marrow exam (e.g., if >1 cell line is abnormal on CBC) 	
Endocrine	Assess growth & pubertal development in children,	
Gastrointestinal	<ul style="list-style-type: none"> AST & ALT GI eval if hepatosplenomegaly &/or ↑ liver transaminases are present 	
Development	Developmental eval	In children age <5 yrs
Genetic counseling	By genetics professionals ¹	To inform affected persons & their families re nature, MOI, & implications of PN to facilitate medical & personal decision making

ALT = alanine aminotransferase; AST = aspartate aminotransferase; CBC = complete blood count; MOI = mode of inheritance; PN = poikiloderma with neutropenia

1. Medical geneticist, certified genetic counselor, certified advanced genetic nurse

Treatment of Manifestations

Supportive care to improve quality of life, maximize function, and reduce complications is recommended. This ideally involves multidisciplinary care by specialists in relevant fields (see Table 5).

Table 5. Poikiloderma with Neutropenia: Treatment of Manifestations

Manifestation/Concern	Treatment	Considerations/Other
Skin manifestations	<ul style="list-style-type: none"> Gentle skin care using bland emollients (creams or ointments) Use of sunscreens w/UVA & UVB protection to ↓ risk of skin cancer Sun-protective clothing 	
	Consider strong topical steroid (e.g., fluocinonide, clobetasol) 2-3x/day for short duration for keratosis-associated discomfort due to inflammation.	
	Another treatment option for hyperkeratosis is topical keratolytics: <ul style="list-style-type: none"> 40% urea Compounded salicylic acid mixed in cream or propylene glycol 	If hyperkeratosis is very pruritic & there is no evidence of secondary dermatophyte infection
	Standard mgmt of skin cancers	
Gingivitis / Dental caries	Dental cleaning every 3-6 mos w/treatment per dentist	
Neutropenia	Based on lack of evidence of definitive benefit, G-CSF should be considered only in persons w/severe infections assoc w/very low neutrophil count.	Although administration of G-CSF to persons w/PN ↑ the ANC, to date no reports have indicated definitive benefit. ¹

Table 5. continued from previous page.

Manifestation/Concern	Treatment	Considerations/Other
Sinopulmonary, middle ear, & skin infections	<ul style="list-style-type: none"> Aggressive antibiotic treatment until clinical resolution & normalization of inflammatory markers. Annual influenza vaccine 	
	Consider prophylactic antibiotics during winter, which may ↓ frequency of recurrent sinopulmonary infections [Authors, personal observation].	<ul style="list-style-type: none"> There is no rationale for immunoglobulin therapy in the absence of low immunoglobulin levels. Consider hyperbaric oxygen treatment for refractory cellulitis, as reported in 1 person.²
Reactive airway disease	Standard treatment per pulmonologist	
Bone marrow dysplasia / Malignancy	<ul style="list-style-type: none"> Mgmt of premyelodysplastic changes per hematologist/oncologist Standard mgmt of myelodysplastic syndrome & acute myelogenous leukemia 	
Growth deficiency	No known treatment	There is no evidence that growth hormone therapy ↑ linear growth.
Delayed puberty	Mgmt of hypogonadotropic hypogonadism per endocrinologist may incl hormone replacement therapy.	
Osteoporosis	Treatment per orthopedist &/or endocrinologist	
Developmental delay	Developmental support as needed	

ANC = absolute neutrophil count; G-CSF = granulocyte-colony stimulating factor; PN = poikiloderma with neutropenia

1. Akdogan et al [2020], Parajuli et al [2024]

2. Roebke et al [2021]

Surveillance

To monitor existing manifestations, the individual's response to supportive care, and the emergence of new manifestations, the evaluations summarized in Table 6 are recommended.

Table 6. Poikiloderma with Neutropenia: Recommended Surveillance

System/Concern	Evaluation	Frequency
General	Exam by physician familiar w/PN	Annually
Skin	Assessment for calcinosis cutis, cellulitis, palmar/plantar hyperkeratosis & evidence of non-healing ulcers	Annually or as needed
	Exam by dermatologist to assess for skin cancer	Annually beginning at age 10 yrs
Dental	Dental cleaning & eval for gingivitis/caries	Every 3-6 mos
Pulmonology	Eval by pulmonologist	Annually in persons w/bronchiectasis, chronic cough, &/or reactive airway disease
Hematology	CBC w/differential & platelet count for evidence of anemia &/or thrombocytopenia (signs of possible myelodysplastic syndrome)	Annually
	Eval by hematologist/oncologist for consideration of bone marrow exam	As needed

Table 6. continued from previous page.

System/Concern	Evaluation	Frequency
Endocrine	Assessment of growth & pubertal development in children	At each visit throughout childhood
	Consider DXA scan to eval for low bone density.	As needed in adults
Development	Assessment for developmental & educational progress	At each visit throughout childhood

CBC = complete blood count; DXA = dual-energy x-ray absorptiometry; PN = poikiloderma with neutropenia

Agents/Circumstances to Avoid

Avoid excessive sun exposure due to the increased risk of skin cancer.

Avoid exposure to secondhand cigarette or wood smoke and persons with respiratory illnesses due to increased risk of respiratory infections.

Evaluation of Relatives at Risk

It is appropriate to evaluate apparently asymptomatic older and younger sibs of a proband in order to identify as early as possible those who would benefit from prompt initiation of treatment and surveillance for potential complications. Evaluations can include the following:

- If the *USB1* pathogenic variants in the family are known: molecular genetic testing
- If the pathogenic variants in the family are not known:
 - Examination by a clinician familiar with PN to evaluate for the characteristic skin changes
 - Complete blood count with differential and platelet count, especially in newborn sibs who have not manifested a skin rash

See Genetic Counseling for issues related to testing of at-risk relatives for genetic counseling purposes.

Therapies Under Investigation

Search [ClinicalTrials.gov](https://clinicaltrials.gov) in the US and [EU Clinical Trials Register](https://clinicaltrialsregister.eu) in Europe for access to information on clinical studies for a wide range of diseases and conditions. Note: There may not be clinical trials for this disorder.

Genetic Counseling

Genetic counseling is the process of providing individuals and families with information on the nature, mode(s) of inheritance, and implications of genetic disorders to help them make informed medical and personal decisions. The following section deals with genetic risk assessment and the use of family history and genetic testing to clarify genetic status for family members; it is not meant to address all personal, cultural, or ethical issues that may arise or to substitute for consultation with a genetics professional. —ED.

Mode of Inheritance

Poikiloderma with neutropenia (PN) is inherited in an autosomal recessive manner.

Risk to Family Members

Parents of a proband

- The parents of an affected child are presumed to be heterozygous for a *USB1* pathogenic variant.

- If a molecular diagnosis has been established in the proband, molecular genetic testing is recommended for the parents of a proband to confirm that both parents are heterozygous for a *USB1* pathogenic variant and to allow reliable recurrence risk assessment.
- If a pathogenic variant is detected in only one parent and parental identity testing has confirmed biological maternity and paternity, it is possible that one of the pathogenic variants identified in the proband occurred as a *de novo* event in the proband or as a postzygotic *de novo* event in a mosaic parent [Jónsson et al 2017]. If the proband appears to have homozygous pathogenic variants (i.e., the same two pathogenic variants), additional possibilities to consider include:
 - A single- or multiexon deletion in the proband that was not detected by sequence analysis (see Table 1) and that resulted in the artifactual appearance of homozygosity;
 - Uniparental isodisomy for the parental chromosome with the pathogenic variant that resulted in homozygosity for the pathogenic variant in the proband.
- Heterozygotes (carriers) are asymptomatic and are not at risk of developing the disorder.

Sibs of a proband

- If both parents are known to be heterozygous for a *USB1* pathogenic variant, each sib of an affected individual has at conception a 25% chance of being affected, a 50% chance of being an asymptomatic carrier, and a 25% chance of being unaffected and not a carrier.
- Variability in midfacial hypoplasia, poikiloderma, neutropenia [Concolino et al 2019], and pulmonary involvement [Patiroglu & Akar 2015] has been observed among affected sibs; the most significant instance of intrafamilial clinical variability was acute myelogenous leukemia observed in one of two sibs with PN [Porter et al 1999].
- Heterozygotes (carriers) are asymptomatic and are not at risk of developing the disorder.

Offspring of a proband. The offspring of an individual with PN are obligate heterozygotes (carriers) for a pathogenic variant in *USB1*.

Other family members. Each sib of the proband's parents is at a 50% risk of being a carrier of a *USB1* pathogenic variant.

Carrier Detection

Carrier testing for at-risk relatives requires prior identification of the *USB1* pathogenic variants in the family.

Related Genetic Counseling Issues

See Management, Evaluation of Relatives at Risk for information on evaluating at-risk relatives for the purpose of early diagnosis and treatment.

Family planning

- The optimal time for determination of genetic risk and discussion of the availability of prenatal/preimplantation genetic testing is before pregnancy.
- It is appropriate to offer genetic counseling (including discussion of potential risks to offspring and reproductive options) to young adults who are affected, are carriers, or are at risk of being carriers.
- Carrier testing for the reproductive partners of known carriers and for the reproductive partners of individuals affected with PN should be considered, particularly if consanguinity is likely. Founder variants have been identified in several population groups (see Table 7).

Prenatal Testing and Preimplantation Genetic Testing

Once the *USB1* pathogenic variants have been identified in an affected family member, prenatal and preimplantation genetic testing are possible.

Differences in perspective may exist among medical professionals and within families regarding the use of prenatal testing. While most centers would consider use of prenatal testing to be a personal decision, discussion of these issues may be helpful.

Resources

GeneReviews staff has selected the following disease-specific and/or umbrella support organizations and/or registries for the benefit of individuals with this disorder and their families. GeneReviews is not responsible for the information provided by other organizations. For information on selection criteria, click [here](#).

- National Neutropenia Network**
Phone: 866-600-0799
Email: stephanie@neutropenianet.org
www.neutropenianet.org
- Neutropenia Support Association Inc.**
 Canada
Phone: 800-6-NEUTRO (638876); 204-781-7240
Email: stevensl@neutropenia.ca
www.neutropenia.ca
- European Society for Immunodeficiencies (ESID) Registry**
Email: esid-registry@uniklinik-freiburg.de
[ESID Registry](#)
- Severe Chronic Neutropenia International Registry**
Phone: 49-511-557105
Fax: 49-511-557106
Email: SCNIR@mh-hannover.de
[Severe Chronic Neutropenia International Registry](#)

Molecular Genetics

Information in the Molecular Genetics and OMIM tables may differ from that elsewhere in the GeneReview: tables may contain more recent information. —ED.

Table A. Poikiloderma with Neutropenia: Genes and Databases

Gene	Chromosome Locus	Protein	Locus-Specific Databases	HGMD	ClinVar
<i>USB1</i>	16q21	U6 snRNA phosphodiesterase 1	USB1 database	USB1	USB1

Data are compiled from the following standard references: gene from [HGNC](#); chromosome locus from [OMIM](#); protein from [UniProt](#). For a description of databases (Locus Specific, HGMD, ClinVar) to which links are provided, click [here](#).

Table B. OMIM Entries for Poikiloderma with Neutropenia (View All in OMIM)

604173	POIKILODERMA WITH NEUTROPENIA; PN
613276	U6 SMALL NUCLEAR RNA BIOGENESIS PHOSPHODIESTERASE 1; USB1

Molecular Pathogenesis

USB1 encodes a member of the 2H phosphodiesterase family, U6 snRNA phosphodiesterase 1 (USB1), recognized by its characteristic fold with conserved terminal and transit lobes and the two H x S tetrapeptid motifs that frame the catalytic site [Huynh & Parker 2023]. Based on the bioinformatic prediction, all reported pathogenic variants directly or indirectly affect the enzymatic domain of the protein by either deleting one or both key histidine-serine motifs (His120/208-Ser122/210) – or destroying the native fold and the pseudosymmetric structure of the protein [Colombo et al 2012, Huynh & Parker 2023].

USB1 regulates hematopoietic development by primarily acting as microRNA (miRNA) deadenylase [Jeong et al 2023]. Embryonic human stem cells with *USB1* pathogenic variant c.531delA have been shown to, upon differentiation, lead to reduced formation of myeloid precursors and mature blood population without splicing impairment. The transcriptome and miRNome of *USB1* mutated cells during blood development revealed dysregulated miRNA levels due to the failure to remove their 3' adenylated tails, favoring premature degradation. These findings identify USB1 as a de-tailing enzyme and suggest inhibitors of the adenylating PAPD5/7 enzyme as potential therapy for poikiloderma with neutropenia (PN) [Jeong et al 2023].

A study initiated by the management of two affected sibs (one with a non-healing fistula) demonstrated, by multiparametric analyses of their mononuclear cells, the virtual absence of nonclassic CD16⁺ monocytes, suggesting a block of differentiation from the classic CD14⁺ progenitors. The defective monocyte functions – impaired monocyte-macrophage plasticity and lack of interstitial repair – are mirrored by the PN sibs' monocyte transcriptome profiling, which reveal a signature consistent with the hematologic findings and the clinical presentation [Parajuli et al 2024]. These insights confirm the intrinsic requirement of USB1 in human hematopoiesis and highlight monocytes as the linchpin of the intertwined USB1 functions in the hematopoietic and skin tissues, so far only inferred by the clinical signs of PN and the increased risk of developing myelodysplasia, acute myeloid leukemia, and skin cancer.

Mechanism of disease causation. Loss of function

***USB1*-specific laboratory technical considerations.** In individuals with a clinical diagnosis of PN and only one or no *USB1* pathogenic variant detected, long-read sequencing should be considered to identify complex structural variants (deletions/duplications >50 bp), missed by the current short-read sequencing testing methods.

Table 7. *USB1* Pathogenic Variants Referenced in This *GeneReview*

Reference Sequences	DNA Nucleotide Change (Alias ¹)	Predicted Protein Change	Comment [Reference]
NM_024598.4 NP_078874.2	c.179delC	p.Pro60LeufsTer55	Founder variant in northwest Africa [Tanaka et al 2010]
	c.243G>A	p.Trp81Ter	Common variant in European persons [Piard et al 2012]
	c.499delA (496delA)	p.Thr167ProfsTer98	Founder variant in persons of Navajo & Apache ancestry [Clericuzio et al 2011]
	c.531delA	p.His179MetfsTer86	Founder variant in persons of Turkish ancestry [Kilic & Cekic 2016]
	c.541C>T	p.Gln181Ter	See Genotype-Phenotype Correlations.

Variants listed in the table have been provided by the authors. *GeneReviews* staff have not independently verified the classification of variants.

GeneReviews follows the standard naming conventions of the Human Genome Variation Society (varnomen.hgvs.org). See [Quick Reference](#) for an explanation of nomenclature.

1. Variant designation that does not conform to current naming conventions.

Chapter Notes

Author Notes

Dr Wang is a pediatric oncologist at Texas Children's Cancer Center with particular interest in treating children with solid tumors, particularly osteosarcoma. She has a long-standing interest in Rothmund-Thomson syndrome and related disorders.

Dr Clericuzio is a clinical geneticist and dysmorphologist at University of New Mexico Health Sciences Center with an interest in cancer syndromes. She was the first to identify poikiloderma with neutropenia as a unique disorder in 1991.

Dr Larizza is a former professor of Medical Genetics at the University of Milan with a long-lasting interest in rare diseases, particularly cancer-predisposing syndromes. In 2010 her group identified *USB1* as the gene involved in Clericuzio-type poikiloderma with neutropenia.

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