



Baller-Gerold Syndrome

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Summary

Clinical characteristics

Baller-Gerold syndrome (BGS) can be suspected at birth in an infant with craniosynostosis and upper limb abnormality. The coronal suture is most commonly affected; the metopic, lambdoid, and sagittal sutures may also be involved alone or in combination. Upper limb abnormality can include a combination of thumb hypo- or aplasia and radial hypo- or aplasia and may be asymmetric. Malformation or absence of carpal or metacarpal bones has also been described. Skin lesions may appear anytime within the first few years after birth, typically beginning with erythema of the face and extremities and evolving into poikiloderma. Slow growth is apparent in infancy with eventual height and length typically at 4 SD below the mean.

Diagnosis/testing

The diagnosis of BGS is established in a proband with typical clinical findings and/or the identification of biallelic pathogenic variants in *RECQL4* by molecular genetic testing.

Management

Treatment of manifestations: Surgery before age six months to repair bilateral craniosynostosis; pollicization of the index finger as needed to create a functional grasp; sunscreen use with poikiloderma to protect against skin cancer.

Surveillance: Because individuals with allelic *RECQL4* disorders are at increased risk for osteosarcoma and lymphoma, attention to clinical findings (e.g., bone pain, swelling, and/or limp) for osteosarcoma and lymph node enlargement or generalized symptoms (e.g., fever or unexplained weight loss) for lymphoma is recommended for those with BGS.

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Agents/circumstances to avoid: Sun exposure because of risk for skin cancer.

Genetic counseling

Baller-Gerold syndrome is inherited in an autosomal recessive manner. The parents of an affected child are obligate heterozygotes and therefore carry one pathogenic variant. Heterozygotes (carriers) are asymptomatic. At conception, each sib of an affected individual has a 25% chance of being affected, a 50% chance of being an asymptomatic carrier, and a 25% chance of being unaffected and not a carrier. Carrier testing for at-risk family members, prenatal testing for a pregnancy at increased risk, and preimplantation genetic testing are possible if both pathogenic variants in the family have been identified.

Diagnosis

Suggestive Findings

Baller-Gerold syndrome **should be suspected** in individuals with a combination of the following findings:

- **Coronal craniosynostosis**, manifest clinically as abnormal shape of the skull (brachycephaly) with ocular proptosis and prominent forehead and confirmed by skull x-ray or (preferably) 3D-CT reconstruction
When the coronal sutures are fused, the orbit is pulled forward. The coronal sutures cannot be discerned on the frontal view, and the same holds true for the lambdoidal sutures.
- **Radial ray defect**, manifest as aplasia or hypoplasia of the thumb, and/or aplasia or hypoplasia of the radius
Note: Radiographs may be necessary for confirmation of minor radial ray malformations.
- **Growth restriction**
- **Poikiloderma** consisting of hyper- and hypopigmentation of the skin with punctate atrophy and telangiectases

Establishing the Diagnosis

The diagnosis of Baller-Gerold syndrome **is established** in a proband with typical clinical findings and/or by identification of biallelic pathogenic (or likely pathogenic) variants in *RECQL4* on molecular genetic testing (see Table 1).

Note: (1) Per ACMG/AMP variant interpretation guidelines, the terms "pathogenic variants" and "likely pathogenic variants" are synonymous in a clinical setting, meaning that both are considered diagnostic and both can be used for clinical decision making [Richards et al 2015]. Reference to "pathogenic variants" in this section is understood to include any likely pathogenic variants. (2) Identification of biallelic *RECQL4* variants of uncertain significance (or of one known *RECQL4* pathogenic variant and one *RECQL4* variant of uncertain significance) does not establish or rule out the diagnosis.

Molecular genetic testing approaches can include a combination of **gene-targeted testing** (single-gene testing, multigene panel) and **comprehensive genomic testing** (exome sequencing, exome array, genome sequencing) depending on the phenotype.

Gene-targeted testing requires that the clinician determine which gene(s) are likely involved, whereas genomic testing does not. Because the phenotype of Baller-Gerold syndrome is broad, individuals with the distinctive findings described in Suggestive Findings are likely to be diagnosed using gene-targeted testing (see Option 1), whereas those with a phenotype indistinguishable from many other inherited disorders with craniosynostosis or

those in whom the diagnosis of Baller-Gerold syndrome has not been considered are more likely to be diagnosed using genomic testing (see Option 2).

Option 1

When the phenotypic and laboratory findings suggest the diagnosis of Baller-Gerold syndrome, molecular genetic testing approaches can include **single-gene testing** or use of a **multigene panel**:

- **Single-gene testing.** Sequence analysis of *RECQL4* detects small intragenic deletions/insertions and missense, nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected.

Perform sequence analysis first. If only one or no pathogenic variant is found, perform gene-targeted deletion/duplication analysis to detect intragenic deletions or duplications.

- **A multigene panel** that includes *RECQL4* and other genes of interest (see Differential Diagnosis) is most likely to identify the genetic cause of the condition while limiting identification of variants of uncertain significance and pathogenic variants in genes that do not explain the underlying phenotype. Note: (1) The genes included in the panel and the diagnostic sensitivity of the testing used for each gene vary by laboratory and are likely to change over time. (2) Some multigene panels may include genes not associated with the condition discussed in this *GeneReview*. (3) In some laboratories, panel options may include a custom laboratory-designed panel and/or custom phenotype-focused exome analysis that includes genes specified by the clinician. (4) Methods used in a panel may include sequence analysis, deletion/duplication analysis, and/or other non-sequencing-based tests.

A multigene panel that also includes deletion/duplication analysis should be considered if only one or no pathogenic variant is found on the multigene panel sequence analysis (see Table 1).

For an introduction to multigene panels click [here](#). More detailed information for clinicians ordering genetic tests can be found [here](#).

Option 2

When the phenotype is indistinguishable from many other inherited disorders characterized by craniosynostosis or when the diagnosis of Baller-Gerold syndrome is not considered because an individual has atypical phenotypic features, **comprehensive genomic testing** (which does not require the clinician to determine which gene[s] are likely involved) is the best option. **Exome sequencing** is most commonly used; **genome sequencing** is also possible.

Exome array (when clinically available) may be considered if exome sequencing is not diagnostic.

For an introduction to comprehensive genomic testing click [here](#). More detailed information for clinicians ordering genomic testing can be found [here](#).

Table 1. Molecular Genetic Testing Used in Baller-Gerold Syndrome

Gene ¹	Method	Proportion of Pathogenic Variants ² Detectable by Method
<i>RECQL4</i>	Sequence analysis ³	>95% ⁴
	Gene-targeted deletion/duplication analysis ⁵	Rare ^{6, 7}

1. See Table A. Genes and Databases for chromosome locus and protein.

2. See Molecular Genetics for information on allelic variants.

3. Sequence analysis detects variants that are benign, likely benign, of uncertain significance, likely pathogenic, or pathogenic. Variants may include small intragenic deletions/insertions and missense, nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected. For issues to consider in interpretation of sequence analysis results, click [here](#).

4. Larizza et al [2013]

5. Gene-targeted deletion/duplication analysis detects intragenic deletions or duplications. Methods used may include a range of techniques such as quantitative PCR, long-range PCR, multiplex ligation-dependent probe amplification (MLPA), and a gene-targeted microarray designed to detect single-exon deletions or duplications.

6. No data on detection rate of gene-targeted deletion/duplication analysis are available.

7. A large homozygous intragenic deletion was reported in a single individual of Japanese heritage with Baller-Gerold syndrome [Kaneko et al 2017].

Clinical Characteristics

Clinical Description

Since the original description of Baller-Gerold syndrome (BGS) by Baller [1950] and Gerold [1959], fewer than 40 individuals with BGS have been reported [Mégarbané et al 2000, Van Maldergem et al 2006, Debeljak et al 2009, Siitonen et al 2009, Piard et al 2015, Kaneko et al 2017]. BGS can be suspected at birth in an infant with craniosynostosis and upper limb abnormality. The coronal suture is most commonly affected; the metopic, lambdoid, and sagittal sutures may also be involved alone or in combination [Van Maldergem et al 2016].

Craniofacial findings associated with craniosynostosis

- Brachycephaly
- Proptosis
- Prominent forehead
- Large fontanelles

Additional craniofacial features

- Concave nasal ridge
- Short nose
- Narrow mouth with thin vermilion of the lips
- High arched palate

Skeletal anomalies

- **Upper limb anomalies.** A combination of thumb hypo- or aplasia and radial hypo- or aplasia is present and may be asymmetric. Malformation or absence of carpal or metacarpal bones has also been described.
- **Knee abnormality.** Patellar hypo- or aplasia becomes apparent in childhood.
 - Late ossification of the patella may be misinterpreted as absence of the patella in infants.
 - Absence of patella may result in genu recurvatum and knee instability.

Skin findings. Skin lesions may appear anytime within the first few years after birth.

- Lesions typically begin with erythema of the face and extremities.
- Findings later evolve into poikiloderma (mottled hypo- and hyper-pigmentation, atrophy, and telangiectasias).

Growth. Slow growth is apparent in infancy with eventual height and length typically at 4 SD below the mean.

Development/intelligence. Although intellectual deficiency has been reported [Ramos Fuentes et al 1994], most if not all affected individuals have normal intelligence. No formal studies on intellectual development have been performed.

Other findings

- Imperforate or anterior displacement of the anus has been reported in several individuals.
- Cardiovascular defects such as ventricular septal defects, tetralogy of Fallot, and congenital portal venous malformations have been occasionally described.

Cancer risk. One case of lymphoma was reported in an individual with Baller-Gerold syndrome [Debeljak et al 2009]. However, an increased risk for osteosarcoma, lymphoma, and skin cancer in other disorders associated with pathogenic variants in *RECQL4* (see Genetically Related Disorders) has been reported. Therefore, individuals with Baller-Gerold syndrome with symptoms suggestive of cancer should have prompt evaluation.

Genotype-Phenotype Correlations

No formal genotype-phenotype correlations have been made owing to the small number of affected individuals reported to date.

Nomenclature

The name Baller-Gerold syndrome was coined by Cohen [1975] based on descriptions of three affected individuals reported by Baller and Gerold from the German literature.

- Baller [1950] described a woman with short stature, oxycephaly, hypoplasia of the left radius, and aplasia of the right radius; her parents were remotely consanguineous.
- Gerold [1959] described male and female sibs with coronal craniosynostosis, radial and thumb aplasia, and bowing of the ulnae.

Since 1975 the designation Baller-Gerold syndrome has been used to refer to any type of craniosynostosis associated with any type of radial ray defect; this is likely an incorrect use of the term, and has led some authors to consider metopic ridging and radial ray defects observed in valproate embryopathy sufficient for a diagnosis of BGS [Santos de Oliveira et al 2006].

Prevalence

The prevalence of Baller-Gerold syndrome is unknown; it is probably less than 1:1,000,000 [Mo et al 2018].

Genetically Related (Allelic) Disorders

Pathogenic variants in *RECQL4* have also been identified in individuals with Rothmund-Thomson syndrome [Kitao et al 1999] and RAPADILINO syndrome [Siitonen et al 2003].

- **Rothmund-Thomson syndrome** (RTS) is characterized by poikiloderma; sparse hair, eyelashes, and/or eyebrows; small stature; skeletal and dental abnormalities; cataracts; and an increased risk for cancer, especially osteosarcoma. The skin is typically normal at birth; the rash of RTS develops between ages three

and six months as erythema, swelling, and blistering on the face and subsequently spreads to the buttocks and extremities. The rash evolves over months to years into the chronic pattern of reticulated hypo- and hyperpigmentation, punctate atrophy, and telangiectasias, collectively known as poikiloderma. Hyperkeratotic lesions occur in approximately one third of individuals. Skeletal abnormalities include radial ray defects, ulnar defects, absent or hypoplastic patella, and osteopenia.

The diagnosis of RTS is established by clinical findings. Molecular testing is confirmatory and may be useful in situations in which clinical findings are atypical. Identification of biallelic pathogenic variants in *RECQL4* on molecular genetic testing establishes the diagnosis if clinical features are inconclusive.

- **RAPADILINO syndrome** (OMIM 266280) is an acronym for *radial ray* defect; *patellae* hypoplasia or aplasia and cleft or highly arched *palate*; *diarrhea* and *dislocated* joints; *little* size and *limb* malformation; *nose* slender and *normal* intelligence. It is characterized by pre- and postnatal growth retardation. Cervical spine segmentation defects have been reported. Failure to thrive results from feeding problems and juvenile diarrhea of unknown cause [Siitonen et al 2003]. Since its original description in Finland [Kääriäinen et al 1989], only 14 Finnish and two non-Finnish individuals have been reported [Vargas et al 1992, Kant et al 1998, Jam et al 1999, Siitonen et al 2003]. Osteosarcoma was reported in one of the 16 individuals. Lymphoma appears to be a frequent complication in individuals with RAPADILINO; it occurred in four affected individuals before age 35 years [Siitonen et al 2009].

The Finn-specific *RECQL4* splice site variant (IVS7+2delT) associated with RAPADILINO syndrome leads to in-frame skipping of exon 7 that is predicted to remove 44 amino acids just before the conserved helicase domain, apparently without altering transcription of the helicase domain itself. Nine of the 14 affected Finnish individuals are homozygous for IVS7+2delT and five are compound heterozygotes for IVS7+2delT and a nonsense variant in extra-helicase exons 5, 18, and 19, thus sparing in all cases the helicase domain, which is therefore thought to play a role in poikiloderma and predisposition to osteosarcoma [Siitonen et al 2003].

RTS, RAPADILINO syndrome, and BGS share the clinical features of pre- and postnatal growth retardation, chronic diarrhea, and patellar hypo- or aplasia. Radial hypo- or aplasia is almost always present in individuals with RAPADILINO syndrome and BGS and less frequently seen in those with RTS. Poikiloderma, a characteristic of RTS and also described in BGS, is not seen in RAPADILINO syndrome. However, the absence of poikiloderma cannot be confirmed before age one year because of its late onset. Craniosynostosis, particularly affecting the coronal suture, is a diagnostic feature of BGS, and is rarely seen in RTS. Alopecia and absence of eyelashes and brows, characteristics of RTS, have not been observed in individuals with BGS or RAPADILINO.

Differential Diagnosis

The major differential diagnosis for Baller-Gerold syndrome (BGS) comprises the allelic disorders [Rothmund-Thomson syndrome](#) and RAPADILINO syndrome (OMIM 266280). (See Genetically Related Disorders.) See Figure 1.

Additional conditions to consider are included in Table 2.

Table 2. Disorders to Consider in the Differential Diagnosis of BGS

Differential Disorder	Gene(s)	MOI	Clinical Features of the Differential Disorder	
			Overlapping w/BGS	Distinguishing from BGS
Fanconi anemia (FA)	Various ¹	AR AD XL	<ul style="list-style-type: none"> Radial ray defects Craniosynostosis in some 	<ul style="list-style-type: none"> Cardiac malformation & hematologic anomalies often present Chromosome breakage after incubation w/ clastogens
Fetal valproate syndrome (OMIM 609442)	NA	NA	<ul style="list-style-type: none"> Radial hypo- or aplasia Craniosynostosis (metopic) 	<ul style="list-style-type: none"> History of maternal use of valproate during pregnancy Facial dysmorphism Cleft palate Neural tube defect
VACTERL (OMIM 192350)	Unknown	Sporadic	Thumb hypo- or aplasia	<ul style="list-style-type: none"> Cranial nerves palsies Cardiac malformation Choanal atresia Coloboma Outer &/or inner ear abnormality Orofacial cleft
<i>SALL4</i> -related disorders	<i>SALL4</i>	AD	Radial ray malformations	<ul style="list-style-type: none"> Shape of pinnae Anorectal anomalies
Holt-Oram syndrome	<i>TBX5</i>	AD	Upper-extremity malformations may involve radial bones.	<ul style="list-style-type: none"> Cardiac malformation &/or conduction defect present No craniosynostosis
Thrombocytopenia-absent radius (TAR) syndrome	See footnote 2.	See footnote 2.	Shortening of upper limbs, sometimes severe	<ul style="list-style-type: none"> No craniosynostosis Thumbs present in TAR
Saethre-Chotzen syndrome	<i>TWIST</i>	AD	<ul style="list-style-type: none"> Craniosynostosis Occasional radial defects (radioulnar synostosis or hypoplastic radius) 	<ul style="list-style-type: none"> Facial asymmetry Small ears w/prominent crus Brachydactyly Partial 2-3 syndactyly of hand
Roberts syndrome	<i>ESCO2</i>	AR	<ul style="list-style-type: none"> Radial aplasia/hypoplasia Occasional craniosynostosis 	<ul style="list-style-type: none"> Shortening of 4 limbs Intellectual disability
CDAGS syndrome (OMIM 603116)	Unknown	AR	<ul style="list-style-type: none"> Craniosynostosis Porokeratosis resembling poikiloderma 	<ul style="list-style-type: none"> Clavicular hypoplasia Hearing loss

AD = autosomal dominant; AR = autosomal recessive; MOI = mode of inheritance; XL = X-linked

CDAGS = craniosynostosis and clavicular hypoplasia; *delayed fontanelle closure, cranial defects and deafness; anal anomalies; genitourinary malformations; and skin eruption* [Mendoza-Londono et al 2005]

1. The diagnosis of FA rests on the detection of chromosomal aberrations (breaks, rearrangements, radials, exchanges) in cells after culture with a DNA interstrand cross-linking agent such as diepoxybutane (DEB) or mitomycin C (MMC). Approximately 20 genes have been associated with FA.

2. Previously thought to be autosomal recessive, the mode of inheritance of TAR syndrome is complex, with a microdeletion in 1q21.1 being necessary but not sufficient to determine the phenotype [Klopocki et al 2007].

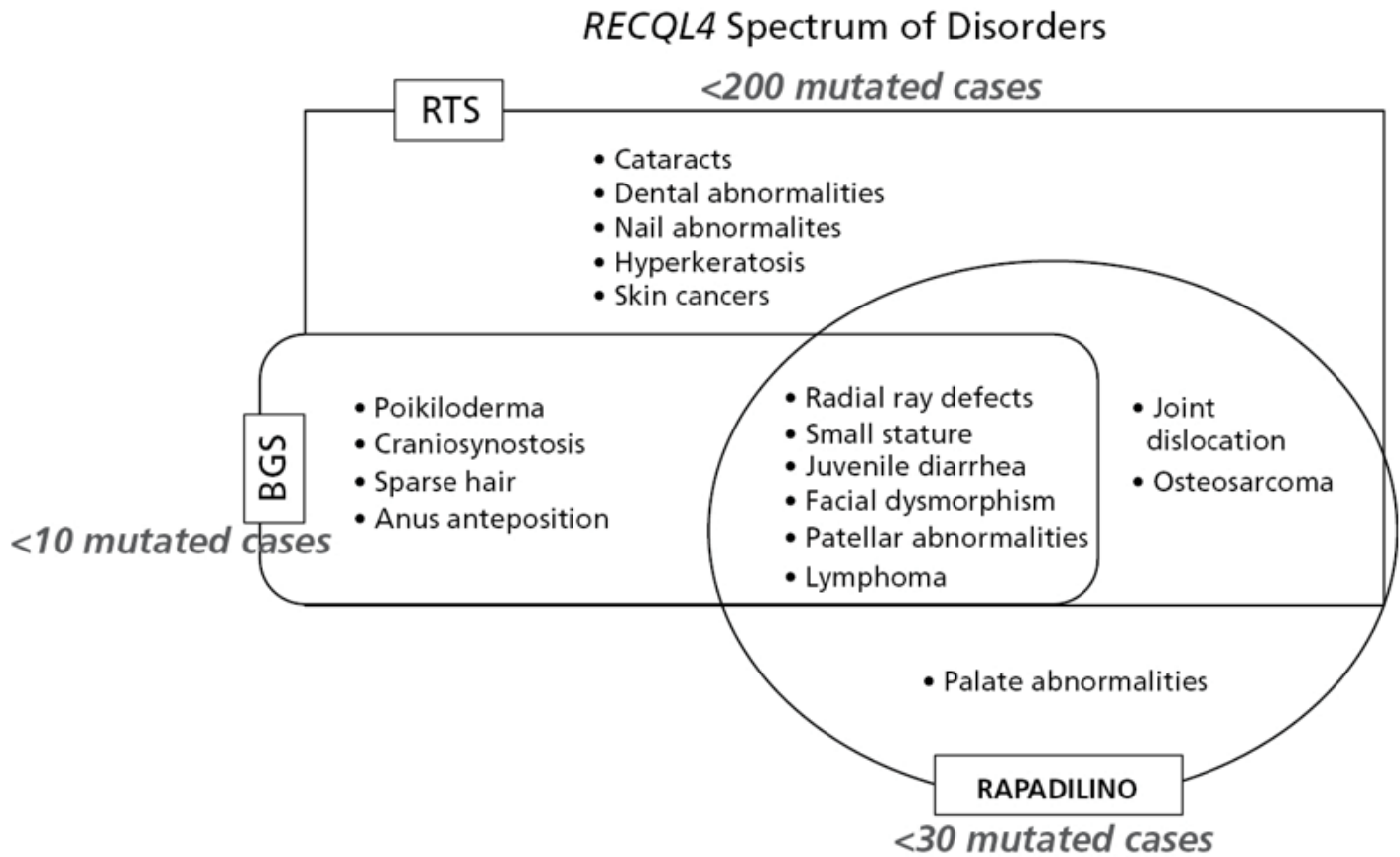


Figure 1. Diagram showing overlapping and unique clinical features of the *RECQL4*-associated disorders. Note: "Mutated cases" refers to cases with a molecular diagnosis.

From Van Maldergem et al [2016]

Management

Evaluations Following Initial Diagnosis

To establish the extent of disease in an individual diagnosed with Baller-Gerold syndrome (BGS), the following are recommended if they have not already been completed:

- Consultation with a clinical geneticist and/or genetic counselor
- Neurosurgery or craniofacial specialist consultation for evaluation of craniosynostosis
- Orthopedic surgery and occupational therapy assessment to evaluate hand and arm function and need for surgery
- Dermatology evaluation if poikiloderma develops

Treatment of Manifestations

Craniosynostosis should be managed by neurosurgical/craniofacial specialists. When craniosynostosis is bilateral, surgery is usually performed before age six months.

Pollicization of the index finger to restore a functional grasp has had satisfactory results in a number of persons with absence of the thumb [Foucher et al 2005]. However, many children with aplasia of the thumb are able to function without orthopedic surgical intervention.

If poikiloderma is present, sensible use of sunscreens may protect against potential risk for skin cancer due to UV exposure.

If cancer arises, medical care should be sought from an oncologist familiar with the type of cancer.

Surveillance

Although lymphoma has only been described in one individual with BGS to date [Debeljak et al 2009], it is known that individuals with *RECQL4* pathogenic variants associated with both Rothmund-Thomson syndrome and RAPADILINO syndrome are at increased risk for developing osteosarcoma and lymphoma. Given the potential risk, it would be reasonable for affected individuals with BGS and *RECQL4* pathogenic variants (or their guardians) to be aware of the signs and symptoms associated with these malignancies. These signs and symptoms may include bone pain, swelling, and/or limp for osteosarcoma, and lymph node enlargement or generalized symptoms such as fever or unexplained weight loss for lymphoma.

Agents/Circumstances to Avoid

Excessive sun exposure should be avoided because of the theoretic increased risk for skin cancer.

Evaluation of Relatives at Risk

See Genetic Counseling for issues related to testing of at-risk relatives for genetic counseling purposes.

Therapies Under Investigation

Search [ClinicalTrials.gov](https://clinicaltrials.gov) in the US and [EU Clinical Trials Register](https://clinicaltrialsregister.eu) in Europe for information on clinical studies for a wide range of diseases and conditions. Note: There may not be clinical trials for this disorder.

Genetic Counseling

Genetic counseling is the process of providing individuals and families with information on the nature, mode(s) of inheritance, and implications of genetic disorders to help them make informed medical and personal decisions. The following section deals with genetic risk assessment and the use of family history and genetic testing to clarify genetic status for family members; it is not meant to address all personal, cultural, or ethical issues that may arise or to substitute for consultation with a genetics professional. —ED.

Mode of Inheritance

Baller-Gerold syndrome (BGS) is inherited in an autosomal recessive manner.

Risk to Family Members

Parents of a proband

- The parents of an affected child are obligate heterozygotes (i.e., carriers of one pathogenic variant).
- Heterozygotes (carriers) are asymptomatic and are not at risk of developing the disorder.

Sibs of a proband

- At conception, each sib of an affected individual has a 25% chance of being affected, a 50% chance of being an asymptomatic carrier, and a 25% chance of being unaffected and not a carrier.
- Heterozygotes (carriers) are asymptomatic and are not at risk of developing the disorder.

Offspring of a proband. The offspring of an individual with BGS are obligate heterozygotes (carriers) for a pathogenic variant.

Other family members. Each sib of the proband's parents is at a 50% risk of being a carrier.

Carrier Detection

Carrier testing for at-risk relatives requires prior identification of the *RECQL4* pathogenic variants in the family.

Related Genetic Counseling Issues

Family planning

- The optimal time for determination of genetic risk, clarification of carrier status, and discussion of the availability of prenatal/preimplantation genetic testing is before pregnancy.
- It is appropriate to offer genetic counseling (including discussion of potential risks to offspring, and reproductive options) to young adults who are affected, are carriers, or are at risk of being carriers.

DNA banking. Because it is likely that testing methodology and our understanding of genes, pathogenic mechanisms, and diseases will improve in the future, consideration should be given to banking DNA from probands in whom a molecular diagnosis has not been confirmed (i.e., the causative pathogenic mechanism is unknown). For more information, see Huang et al [2022].

Prenatal Testing and Preimplantation Genetic Testing

Molecular genetic testing. Once the *RECQL4* pathogenic variants have been identified in an affected family member, prenatal and preimplantation genetic testing are possible.

Ultrasound examination. Serial ultrasound examination may identify limb shortening, radial hypo/aplasia, and abnormal head shape (brachycephaly). Ultrasound examination revealing these findings from 14 weeks' gestation onward identified BGS in at-risk pregnancies [Van Maldergem et al 1992, Siitonen et al 2009, Cao et al 2015].

Differences in perspective may exist among medical professionals and within families regarding the use of prenatal testing. While most centers would consider use of prenatal testing to be a personal decision, discussion of these issues may be helpful.

Resources

GeneReviews staff has selected the following disease-specific and/or umbrella support organizations and/or registries for the benefit of individuals with this disorder and their families. GeneReviews is not responsible for the information provided by other organizations. For information on selection criteria, click [here](#).

- **Children's Craniofacial Association**

Phone: 800-535-3643

Email: contactCCA@ccakids.com

www.ccakids.org

- **FACES: National Craniofacial Association**

Phone: 800-332-2373; 423-266-1632

Email: info@faces-cranio.org

www.faces-cranio.org

- **National Institute of Neurological Disorders and Stroke (NINDS)**

Phone: 800-352-9424

Craniosynostosis

- **REACH**

Helping children with upper limb differences live life without limits.

United Kingdom

Phone: 0845 1306 225; 020 3478 0100

www.reach.org.uk

Molecular Genetics

Information in the Molecular Genetics and OMIM tables may differ from that elsewhere in the GeneReview: tables may contain more recent information. —ED.

Table A. Baller-Gerold Syndrome: Genes and Databases

Gene	Chromosome Locus	Protein	Locus-Specific Databases	HGMD	ClinVar
<i>RECQL4</i>	8q24.3	ATP-dependent DNA helicase Q4	RECQL4 database	RECQL4	RECQL4

Data are compiled from the following standard references: gene from [HGNC](#); chromosome locus from [OMIM](#); protein from [UniProt](#). For a description of databases (Locus Specific, HGMD, ClinVar) to which links are provided, click [here](#).

Table B. OMIM Entries for Baller-Gerold Syndrome ([View All in OMIM](#))

218600	BALLER-GEROLD SYNDROME; BGS
603780	RECQ PROTEIN-LIKE 4; RECQL4

Molecular Pathogenesis

RECQL4, pathogenic variants in which cause BGS, encodes ATP-dependent DNA helicase Q4, a protein of 1,208 amino acids belonging to superfamily II of helicases, known as RecQ, categorized by a 3'-5' polarity of unwinding double-stranded DNA and RNA-DNA hybrids to produce single-stranded DNA templates. At least five *RecQ* human paralogs are known with distinct but partially overlapping roles: *RECQL*, *BLM*, *WRN*, *RECQL4*, and *RECQL5*. Pathogenic variants in *BLM* are associated with [Bloom syndrome](#); pathogenic variants in *WRN* are associated with [Werner syndrome](#); both are autosomal recessive chromosome instability conditions characterized by predisposition to cancer and/or premature aging. These features are shared by *RECQL4*-associated autosomal recessive RTS and by the phenotypically overlapping RAPADILINO and BGS, characterized by genetic instability, growth deficiency, and cancer predisposition. To date, no human disease has been associated with *RECQL* or *RECQL5*.

RecQ helicases have essential functions not only at various stages of DNA processing (replication, recombination, repair, telomere maintenance) but also in translation, RNA processing, mtDNA maintenance, and chromosome segregation [Croteau et al 2014]. Since they act in virtually all aspects of DNA metabolism, perturbation of their expression and biochemical activity leads to genomic instability, resulting in disease and cancer predisposition [Bochman 2014].

Gene structure. *RECQL4* has 21 exons, spanning more than 6.5 kb. The gene has a coding sequence consisting of 3,627 bp, and its expression is regulated by a housekeeping promoter containing the binding sites for the transcription factors Sp1 and AP2. It encodes a 133-kd protein of 1,208 amino acids, RECQ protein-like 4

(RECQL4), which contains the DNA helicase domain exons homologous to the *E coli* RecQ helicase and shared by all five members of the RecQ family in humans. The RECQL4 helicase domain, including the ATP binding domain (aa 489 to 662) and the C-terminal domain (aa 683 to 850) is encoded by exons 8 to 15. *RECQL4* is unique for having 13 introns composed of fewer than 100 bp, a feature predisposing to inefficient splicing [Wang et al 2002]. For a detailed summary of gene and protein information, see Table A, **Gene**.

Pathogenic variants. To date, 11 different pathogenic variants have been identified in seven families:

- c.3056-2A>C (homozygous) [Mégarbané et al 2000, Van Maldergem et al 2006]
- c.3061C>T (p.Arg1021Trp) and c.1573del – compound heterozygous in two families [Van Maldergem et al 1992, Van Maldergem et al 2006, Siitonen et al 2009]
- c.2335_2356del (homozygous) [Siitonen et al 2009]
- c.496C>T (p.Gln166Ter) and c.3151A>G (p.Ile1051Val) – compound heterozygous in two terminated pregnancies [Siitonen et al 2009]
- c.2492_2493del and c.2506_2518del – compound heterozygous in a child with a severe BGS phenotype who developed a midline NK/T lymphoma at age 2.5 years [Debeljak et al 2009]
- c.2059-1G>C and c.2141_2142del – compound heterozygous in a fetus with (prenatally diagnosed) severe BGS [Cao et al 2015]
- An intron 12 through exon 18 deletion (1,614-bp deletion and 1-bp G insertion; g.145737562_145739175delinsC) – homozygous in a Japanese boy age four years with café au lait-like spots but no poikiloderma [Kaneko et al 2017]; predicted to remove the helicase motif from IV to VI

Interestingly both missense variants p.Arg1021Trp and p.Ile1051Val are located in the RecQ C-terminal region (RQC), which is essential for proper function not only of RECQL4 but also of its paralogs [Mojumdar et al 2017].

Of the 11 *RECQL4* pathogenic variants reported to date:

- Seven have been detected only in BGS.
- The p.Arg1021Trp and c.2492_2493del variants were observed in BGS and RTS.
- The recurrent c.1573del has been observed in BGS, RTS, and RAPADILINO.
- The c.2059-1G>C variant was detected in a fetus with BGS and was reported in one individual with RTS [Beghini et al 2003]. Of note, other base changes at the same site were observed in either RTS (c.2059-1G>T) [Kitao et al 1999, Kellermayer et al 2005, Siitonen et al 2009, Piard et al 2015] or RAPADILINO (c.2059-1G>A) [Siitonen et al 2009].

Notwithstanding the small number of unrelated cases confirmed by molecular diagnosis, compound heterozygosity is observed in more than half of the cases (4 vs 3 homozygotes), in line with the trend of RTS, where about two thirds of affected individuals reported are compound heterozygotes [Van Maldergem et al 2016].

Table 3. *RECQL4* Pathogenic Variants Discussed in This *GeneReview*

DNA Nucleotide Change	Predicted Protein Change	Reference Sequences
c.496C>T	p.Gln166Ter	
c.1573del	p.Cys525AlafsTer33	
c.2059-1G>C	p.?	
c.2059-1G>T	p.?	
c.2059-1G>A	p.?	
c.2141_2142del	p.Glu714AlafsTer94	NM_004260.3
c.2335_2356del	p.Asp779CysfsTer57	NP_004251.3
c.2492_2493del	p.His831ArgfsTer52	
c.2506_2518del	p.Ser836TrpfsTer3	
c.3056-2A>C	p.?	
c.3061C>T	p.Arg1021Trp	
c.3151A>G	p.Ile1051Val	
g.145737562_145739175delinsC		NC_000008.10

Variants listed in the table have been provided by the authors. *GeneReviews* staff have not independently verified the classification of variants.

GeneReviews follows the standard naming conventions of the Human Genome Variation Society (varnomen.hgvs.org). See [Quick Reference](#) for an explanation of nomenclature.

Normal gene product. Processing of aberrant DNA structures that arise during DNA replication and repair appears to be a major function of ATP-dependent DNA helicase Q4, the protein encoded by *RECQL4*. Disruption of DNA replication fork progression by damage-induced stable secondary structures can impede replication fork progression, resulting in arrest or collapse of the fork leading through impairment in the removal of these aberrant structures to chromosome instability and, ultimately, cell death or cancer. In this respect, ATP-dependent DNA helicase Q4 can be considered a caretaker of the genome [Wu & Hickson 2006].

RECQL4 is a highly multifunctional protein whose biologic role is partially interconnected with the other RecQ family proteins. Its helicase activity, questioned for some time, has been fully demonstrated and assigned to *RECQL4* conserved helicase motif and N-terminal domain between amino acids 240 and 400, each independently promoting ATP-dependent DNA unwinding [Xu & Liu 2009]. Also, the puzzling lack of a physical RecQ C-terminal region (RQC), which is an essential part of the catalytic core of all other human paralogs, has now been resolved by the experimental demonstration of the presence of a functional RQC domain in human *RECQL4* [Mojumdar et al 2017]. Like all human RecQs, *RECQL4* is essential for DNA recombination and DNA repair [Croteau et al 2014] and is involved in telomere maintenance in concert with BLM and WRN [Ghosh et al 2012]. As regards DNA replication, *RECQL4* and *RECQL4* are integral components of the human replication complex and play distinct roles in DNA replication initiation and replication fork progression [Xu & Liu 2009, Thangavel et al 2010]. It has been proposed that the helicase activity of *RECQL4* may be specialized in the rescue of stalled replication forks or may act in the initial unwinding at the replication origin [Masai 2011].

Absolutely unique to *RECQL4* is regulation of maintenance of mitochondrial DNA copy number and transport of p53 (pathogenic variants in which cause [Li-Fraumeni syndrome](#)) to mitochondria [De et al 2012]. Both *RECQL4* and p53 potentiate the activity of polymerase γ , maintaining the integrity of the human mitochondrial genome [Gupta et al 2014]. Last, but of foremost importance for cancer predisposition associated to defective *RECQL4*, *RECQL4* has an essential role in ensuring correct chromosome segregation through its stable interaction with the ubiquitin ligases UBR1 and UBR2 [Yin et al 2004] involved in the N-end-rule pathway,

essential for chromosome stability [Rao et al 2001]. The interconnection between RECQL4 and cohesin pathway is evidenced by downregulation of *RECQL4* in cells from individuals with [Cornelia de Lange syndrome](#) [Liu et al 2009] and inclusion of RECQL4 among the accessory proteins acting in the cohesin pathway.

Abnormal gene product. Most of the identified *RECQL4* variants are frameshift or nonsense variants, predicted to destabilize the mature mRNA and to result in low levels of truncated proteins [Ouyang et al 2008]. Maintenance of the N-terminus, which is essential in initiation of DNA replication, appears indispensable for cell viability, consistent with the finding of rare pathogenic variants (not in homozygous state) in this region in individuals with all *RECQL4*-related syndromes. The as-yet-limited functional studies of mutated RECQL4 proteins lend support for a helicase-dependent cellular function of RECQL4 [Croteau et al 2012], confirming the postulated association between deleterious variants affecting helicase activity and osteosarcoma [Wang et al 2003].

Chapter Notes

Revision History

- 19 April 2018 (ha) Comprehensive update posted live
- 7 June 2011 (me) Comprehensive update posted live
- 13 August 2007 (me) Review posted live
- 23 April 2007 (lvm) Original submission

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